



Habit

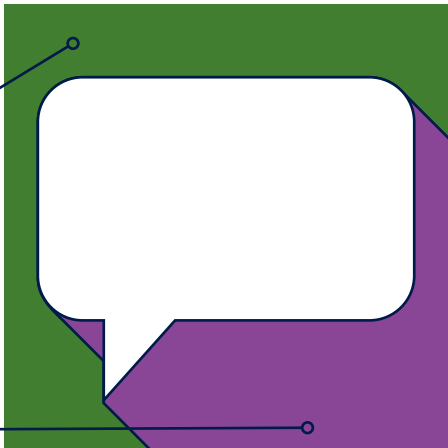
Chat

Cards

# Using Color to Identify the Habits and Paradigms:

The color in the top left of each card shows the habit it relates to.

The color in the bottom right of each card shows the paradigm it relates to.



# Habit Color Key:



**HABIT 1: BE PROACTIVE®**



**HABIT 2: BEGIN WITH THE END IN MIND®**



**HABIT 3: PUT FIRST THINGS FIRST®**



**HABIT 4: THINK WIN-WIN®**



**HABIT 5: SEEK FIRST TO UNDERSTAND,  
THEN TO BE UNDERSTOOD®**



**HABIT 6: SYNERGIZE®**



**HABIT 7: SHARPEN THE SAW®**



**THE 8<sup>TH</sup> HABIT®: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS**

# 5 Core Paradigms Color Key:

1

**Leadership: Everyone can be a leader.**

NOT: Leadership is for the few.

2

**Potential: Everyone has genius.**

NOT: A few people are gifted.

3

**Change: Change starts with me.**

NOT: To improve schools, the system needs to change first.

4

**Motivation: Empower students to lead their own learning.**

NOT: Direct and control student learning.

5

**Education: Educators and families partner to develop the whole person.**

NOT: Educators focus solely on academic achievement.

# How to Use:

- Habit Chat Cards can be used to start conversations based on the 7 Habits that help us connect with each other anywhere, anytime. Use them between adults, adults and students, or between students.
- The cards were created for adults and students of all ages, though some topics may resonate more with older students. Use the cards as you think appropriate.
- The cards are not meant to be used all at once or in order. Pull out one or a few at a time. If there's a specific habit, paradigm, or principle you are teaching or reinforcing, pull out the cards for that particular habit.
- Each Habit Chat Card is color-coded by habit(s) and includes the aligned Core Paradigm(s) at the bottom of the card.
- When using the cards to connect, remember that there are no right or wrong answers. Each person, adult or student, may bring up thoughts or ideas that differ. Encourage all to keep an open mind when having these discussions.

# Ideas for Using the Habit Chat Cards:

## IN-PERSON IN THE CLASSROOM

### **Classroom Idea 1: Use explicit instruction.**

1. Distribute one card to each student and ask them to read the question on their card.
2. Invite students to turn to a partner and have a chat, each answering the other's question in turn, discussing how it ties to the habit and/or paradigm on the card.
3. Ask students to record their answer to the question in their Leadership Portfolio and reflect on how it ties to the habit and/or paradigm on the card.

### **Classroom Idea 2: Include in morning meeting or advisory.**

1. As part of your morning meeting or advisory, invite a student to draw one card and read the question aloud to the class.
2. Invite students to hold a chat with their shoulder buddy about the question for three minutes.
3. Debrief to check for understanding and alignment with the habit, paradigm, or principle.

### **Classroom Idea 3: Make a visual.**

1. Divide students into groups of no more than four. Distribute one card and Brainstormer to each group.
2. Invite students to read their card aloud to their group and write it in the center of the Brainstormer. Invite group thinking, asking students to create a display by recording ideas on the Brainstormer.
3. Invite students to present their display and their thinking to the class.

### **Classroom Idea 4: Conduct a carousel activity.**

1. Cut the cards apart and post 10–15 as separate stations around the classroom.
2. Invite students to partner up, then rotate through each station, engaging in a chat about the question and which habit or paradigm it aligns with (2 minutes per station).
3. Debrief to check for understanding.

## **IN THE SCHOOL:**

### **School Idea 1: Conduct a buddy activity.**

1. Distribute one card and a Brainstormer to each buddy partnership.
2. Invite each partnership to complete a Brainstormer together, capturing as many answers to the question on the card as possible.
3. Ask them to select the idea that most closely ties to the habit and/or paradigm on the card and draw a picture of it.

## IN STAFF PROFESSIONAL DEVELOPMENT:

### **PD Idea 1: Use explicit instruction in small groups.**

1. Cut the cards apart and divide them into packets of five.
2. Invite staff to work in groups of five, each member drawing one card.  
In turn, each staff member leads a brief conversation with their group about the topic drawn, inviting each person in the group to answer and discuss how it might align with one of their WIGs, if appropriate.
3. Debrief to check for understanding and alignment with the habit, paradigm, and/or principle.

### **PD Idea 2: Conduct a carousel activity.**

1. Cut the cards apart and post 10–15 as separate stations around your room.
2. Invite staff to gather in PLCs or teams and to rotate to each station (2 minutes each) and each share one idea about how they would engage their students in discussing this topic or align it with a lesson plan. If desired, capture thinking on chart paper at each station, and invite each group to add to the previous groups' ideas.
3. Debrief to share best practices.



## IN THE HOME:

### **Home Idea 1: Make connections.**

1. Distribute one card to each student to take home and invite them to draw a picture showing their answer to the question on their card.
2. Invite students to show the picture to their family and explain how it ties to the habit and/or paradigm on the card.
3. Ask students to invite their family to draw a picture together, showing each family member's answer to the question.
4. Display the family pictures in a "family gallery" in the school.

### **Home Idea 2: Use as a chat starter.**

1. Send the deck home with your "Student of the Week."
2. Invite their family to use the cards during car rides, family meals, and other family routine events for conversations.
3. At the end of the week, invite their family to write a short story, including the answers to their five favorite questions into the story.

## VIRTUALLY:

### **Virtual Idea 1: For schools using virtual learning discussion boards:**

1. Post five to ten questions from the Habits Chat Cards on the virtual-learning discussion board.
2. Invite students to select one question and write a virtual sticky-note reflection about it and post to the class discussion board.
3. Invite other students to comment on or reinforce the reflection.

### **Virtual Idea 2: For schools using virtual synchronous learning:**

1. Use the Habit Chat Cards slidedeck (on shuffle) to create group discussion opportunities during virtual class meetings, circle time, etc.

**What ideas do you have for using these  
7 Habits Chat Cards to reinforce connections  
with the 7 Habits, 5 Core Paradigms, and principles?**

## HABIT 1: BE PROACTIVE

What is the first thing that comes to mind when you hear the question, "What would you like to change?"

3

PARADIGM OF CHANGE:

**Change starts with me.**

## HABIT 1: BE PROACTIVE

How are you pursuing  
your dreams and goals  
right now?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 1: BE PROACTIVE

What is your favorite chore? How does it help your family?

4

PARADIGM OF MOTIVATION:

**Empower students to lead their own learning.**

## HABIT 1: BE PROACTIVE

What job would you  
never do, no matter how  
much it paid?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 1: BE PROACTIVE

When was the last time  
you tried something new?  
What was it?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 1: BE PROACTIVE

Which is worse: failing or never trying? Why?

4

PARADIGM OF MOTIVATION:

**Empower students to lead their own learning.**



## HABIT 1: BE PROACTIVE

Tell me about a time  
when the impossible  
became possible.

3

PARADIGM OF CHANGE:

**Change starts with me.**

## HABIT 1: BE PROACTIVE

Is there ever a  
time when giving up  
makes sense?

3

PARADIGM OF CHANGE:

**Change starts with me.**

## HABIT 2: BEGIN WITH THE END IN MIND

If you could trade places  
with anyone for a day,  
who would it be?

1

PARADIGM OF LEADERSHIP:  
**Everyone can be a leader.**

## HABIT 2: BEGIN WITH THE END IN MIND

What do you want to be remembered for?

1

PARADIGM OF LEADERSHIP:

**Everyone can be a leader.**

## HABIT 2: BEGIN WITH THE END IN MIND

If your life was a book, what would it be titled? How would the book end?

**2**

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

## HABIT 2: BEGIN WITH THE END IN MIND

Do you like how old you are, or do you wish you were older or younger? Why?

3

PARADIGM OF CHANGE:

**Change starts with me.**

## HABIT 2: BEGIN WITH THE END IN MIND

What is your  
#1 Big Rock for the  
next six months?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 2: BEGIN WITH THE END IN MIND

If you could be granted  
just one wish, what would  
you wish for?

5

PARADIGM OF EDUCATION:

**Educators and families  
partner to develop the  
whole person.**



### HABIT 3: PUT FIRST THINGS FIRST

How many hours do you spend using technology (phone, tablet, laptop, etc.) on average in a week? month? year? How does that impact your Big Rocks?

4

PARADIGM OF MOTIVATION:

**Empower students to lead their own learning.**

## HABIT 3: PUT FIRST THINGS FIRST

How old would you  
choose to be if you didn't  
know how old you are?  
Why?

2

PARADIGM OF POTENTIAL:

**Everyone has genius.**

## HABIT 3: PUT FIRST THINGS FIRST

If you had the chance  
to go back in time and  
change one thing, what  
would it be?

3

PARADIGM OF CHANGE:

**Change starts with me.**

### HABIT 3: PUT FIRST THINGS FIRST

If you had to give up every physical possession in your life except what fits into a small backpack, what would you keep?

4

PARADIGM OF MOTIVATION:

**Empower students to lead their own learning.**

## HABIT 3: PUT FIRST THINGS FIRST

What are you most grateful for?

5

PARADIGM OF EDUCATION:

**Educators and families partner to develop the whole person.**

## HABIT 3: PUT FIRST THINGS FIRST

What would your perfect day consist of?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

## HABIT 4: THINK WIN-WIN

Do you get more excited  
on your own birthday  
or your best friend's  
birthday? Why?

1

PARADIGM OF LEADERSHIP:  
**Everyone can be a leader.**

## HABIT 4: THINK WIN-WIN

What are you really  
good at and can teach  
to others?

1

PARADIGM OF LEADERSHIP:

**Everyone can be a leader.**



## HABIT 4: THINK WIN-WIN

What makes someone  
a good friend?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

## HABIT 4: THINK WIN-WIN

Is it ever right to do  
the wrong thing?  
Is it ever wrong to do  
the right thing?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 4: THINK WIN-WIN

When you help someone,  
do you ever think,  
"What's in it for me?"

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 4: THINK WIN-WIN

What's your favorite true story that you enjoy sharing with others?

5

PARADIGM OF EDUCATION:

**Educators and families partner to develop the whole person.**

## HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

What is the #1 quality  
that makes someone  
a leader you want  
to follow?

1

PARADIGM OF LEADERSHIP:

**Everyone can be a leader.**

## HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

What makes  
someone a hero?

1

PARADIGM OF LEADERSHIP:

**Everyone can be a leader.**

## HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

Which family member  
are you most like?  
In what way?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

## HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

How would the world  
be different if you hadn't  
been born?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**



## HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

Is there such a thing  
as perfect?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

## HABIT 5: SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD

If you could be any  
animal, what would  
you be? Why?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 6: SYNERGIZE

If you had the chance to teach a life lesson to a large group of people, what would you teach?

2

PARADIGM OF POTENTIAL:

**Everyone has genius.**

## HABIT 6: SYNERGIZE

What are some compliments you've received recently?

5

PARADIGM OF EDUCATION:

**Educators and families partner to develop the whole person.**

## HABIT 6: SYNERGIZE

What was the last  
thing you argued with  
someone about?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

## HABIT 6: SYNERGIZE

Who is the strongest  
person you know?

1

PARADIGM OF LEADERSHIP:

**Everyone can be a leader.**

## HABIT 6: SYNERGIZE

Which would you rather have: less work or more work that you actually enjoy doing? Why?

4

PARADIGM OF MOTIVATION:

**Empower students to lead their own learning.**

## HABIT 6: SYNERGIZE

Who is your best friend?  
Why?

5

PARADIGM OF EDUCATION:

**Educators and families  
partner to develop the  
whole person.**



## HABIT 7: SHARPEN THE SAW

Can you remember a  
time when you laughed  
so hard you snorted?  
Tell me about it.

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 7: SHARPEN THE SAW

What made you smile  
this week?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

## HABIT 7: SHARPEN THE SAW

What do you usually think about on your way home from work or school?

5

PARADIGM OF EDUCATION:

**Educators and families partner to develop the whole person.**

## HABIT 7: SHARPEN THE SAW

What would you  
do if it started raining  
your favorite dessert?

5

PARADIGM OF EDUCATION:

**Educators and families  
partner to develop the  
whole person.**

## HABIT 7: SHARPEN THE SAW

Which activities do you  
do that make you lose  
track of time?

5

PARADIGM OF EDUCATION:

**Educators and families  
partner to develop the  
whole person.**

## HABIT 7: SHARPEN THE SAW

Where is your favorite  
place on earth?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

THE 8<sup>TH</sup> HABIT: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS

If you could do one  
thing every day for the  
rest of your life, what  
would it be?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**

THE 8<sup>TH</sup> HABIT: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS

What do you love most  
about yourself?

2

PARADIGM OF POTENTIAL:  
**Everyone has genius.**



THE 8<sup>TH</sup> HABIT: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS

Where else would  
you like to live?  
Why?

3

PARADIGM OF CHANGE:

**Change starts with me.**

THE 8<sup>TH</sup> HABIT: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS

If you had to teach  
something, what would  
you teach?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

THE 8<sup>TH</sup> HABIT: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS

When have you worked  
really hard and loved  
every minute of it?

4

PARADIGM OF MOTIVATION:

**Empower students to  
lead their own learning.**

THE 8<sup>TH</sup> HABIT: FIND YOUR VOICE  
AND INSPIRE OTHERS TO FIND THEIRS

What makes a person  
beautiful?

5

PARADIGM OF EDUCATION:

**Educators and families  
partner to develop the  
whole person.**