



Central Academy of Technology & Arts Cougar Chronicle

Volume 9

Issue 30

March 10, 2022



Dear CATA Family,

-Tickets are now on sale for our Spring Musical: Heathers: Tickets can be purchased at [CATA.seatyourself.biz](https://cata.seatyourself.biz). The shows are on March 31, April 1, 2, 7, 8, & 9 at 7 PM in the Theatre. This event has assigned seating. **Student Show of Heathers:** On Wednesday, March 30, during 1st and 2nd periods students will have an opportunity to see our Spring Musical: Heathers The cost is \$5 and tickets will be sold at lunch March 25, 28, & 29

-Important PTSO Information on page 7: Little Caesar's Pizza Fundraiser, PTSO Scholarship, PTSO Scholarship Committee needs, and 2022-23 PTSO Committee Chair needs.

-Academic Bar and Letter Breakfast- Students who earned academic honors during the first semester will have a breakfast on Thursday, March 17 from 8:50 to 9:30 in the gym. Student names were posted in earlier editions of the newsletter and are posted outside of the guidance office. Students will be emailed an invitation to the breakfast. Bar and Letters may be picked up at lunches on March 17.

-SAY Something Spirit Week- Please see the Caption on Page 2 for the Spirit Days.

-CATA students have you bought your yearbook yet? There are only 58 yearbooks left for sale! Check the bulletin board outside of The Den to see if your name is on the list of students who have purchased a book. Don't miss out! Order online at yearbookforever.com and search for CATA.

-Historical Beauty Pageant: Want to win a trophy, support a local non-profit, and dress up as a historical figure? See Ms. Thompson (room 604) with questions or to pick up an application for Rho Kappa's Historical Beauty Pageant. Deadline for applications is Friday, March 11th.

-Trip to Belize: Big news, CATA parents and students! You have the opportunity to travel to **Discover Belize** with the Travel Club in the Spring 2023. Ms. Pentecost will be going over all the details. [Click Here](#) to RSVP to the meeting. We will be hosting a virtual informational meeting on March 15th at 7 PM. Join our meeting to hear all the details including the itinerary, dates, and cost of this trip. The meeting will also mark the official opening of enrollment!

-Registration: Every Student will meet with their counselor during second block to review their registration from March 14 to 31. Please see the registration timeline on [page 4](#).

- Additions to the UCPS Attendance Policy: While notes from a physician will be considered at any time, an excuse from a parent will only be accepted within the same 6 week grading period as the absence. This means the school will take it under consideration.

-Attention Class of 2023! The PTSO invites you to participate in the Senior T-Shirt design contest! Submit your design for your senior class t-shirt. The winner will receive a free senior tee and senior sign! Follow the directions emailed to you to submit your design. The submission deadline is Weds., March 23, See Ms. Christensen if you have questions. See [Page 9](#) for details.

-Attention Seniors and Parents Cap & Gown portraits are now available to view and purchase through Cady! Order here: cady.com/capgown22

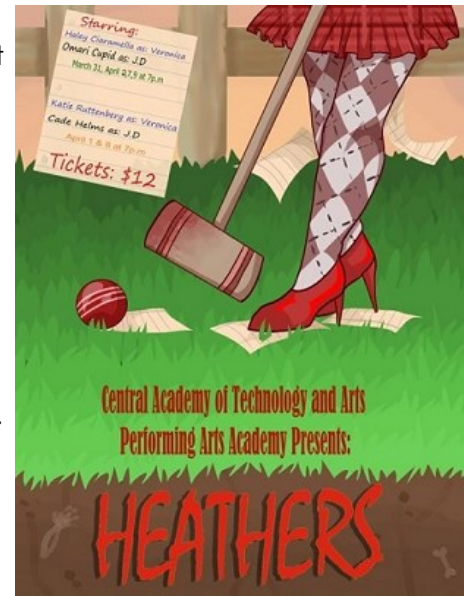
-Counseling Center & Career Development Information: on [Pages 4 & 5:](#)

-Athletics: Check out the CATA Sports page in this edition on [Page 6](#) or go to our athletics website by [clicking here](#).

-Tickets for all CATA Home Athletics can be purchased [HERE](#). **-Spirit Wear:** [Click here](#) to purchase.

-Student Life announcements on [page 2](#), **Senior Class of 2022 Information** on [Page 3](#), **PTSO Information** on [Page 7](#), **Media Center Information-** The DEN on [Page 3](#), **School Procedure Information** [Page 8](#)

Please take time to read over this newsletter. The Cougar Chronicle, in addition to our website, will be the main form of communication from school to home. Go Cougars! Ms. Merritt





Student Life Information



Student Life Meetings and Activities This Week

CATA Robotics wins Sportsmanship Award at the State Qualification Vex Tournament! Way to go CATA Robotics Team!

Fashion Club: Monday, March 14, 4 PM, Rm. 616

SWE Meeting: Monday, March 14, 3:45 PM, Rm. 505

Yearbook : Tuesday March 15, 4 PM, Rm. 102

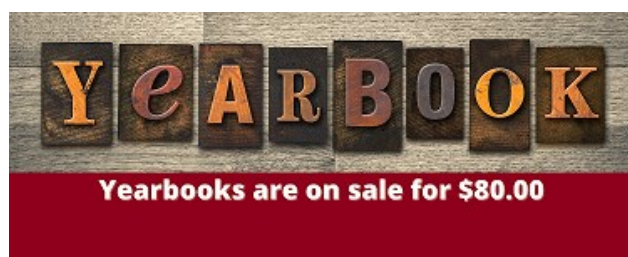
Student Council General Meeting: Wednesday, March 16, 8:20 AM, The Den

Rho Kappa Officer: Wednesday, March 16, 8:30 , Rm. 604

Creative Writing: Wednesday, March 16, 3:45 Rm. 610

Speech and Debate: Thursday, March 17, 3:45 Rm. 601

Minority Student Union: Friday, March 18, 8:30 AM, The Den



SAY Something Spirit Week
March 14-18, 2022



Date	Monday-14	Tuesday-15	Wednesday-16	Thursday-17	Friday-18
Theme	Empowerment Monday	United in Action	Keep the Peace	School Safety	Why I Say Something
Spirit Day	Wear your school appropriate workout gear to show your strength	Twin Day-dress up with a friend to show your unity	Dress in your favorite Tie Dye shirt	Wear your CATA gear	Wear green to spread awareness

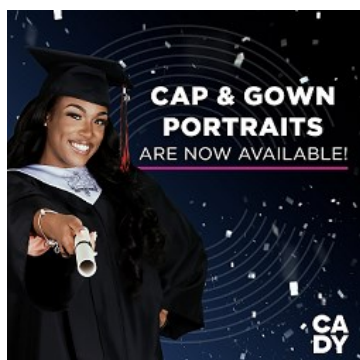


Senior Class of 2022 Information

[Click here](#) for the Fall Senior Letter.

**Den
Digest**

Class of 2022 Graduation Date: Tuesday, June 7 at 8:00 AM at Walter Bickett Stadium. [Click here](#) for the Fall Senior Letter.



Senior Pass holders for March: Sabor will be providing tacos for Senior Pass Holders on Tuesday, March 22 from 1:50 to 2:20.

Scholarship Reporting: It's time to start reporting your scholarship offers! Email or turn in a hard copy of your offers to Ms. Cole. Make sure you include ALL offers, even if you don't plan on accepting them. All offers need to be turned in to Ms. Cole by May 9.

Attention Seniors and Parents, Cap & Gown portraits are now available to view and purchase through Cady! Celebrate this special achievement. Click below to order now! cady.com/capgown22

Attention all seniors and Class of 2022: Jostens will be on campus on **Thursday, March 31 during all lunch periods** to distribute your cap/gowns and other senior items you ordered. If you have a balance due, it must be paid in full prior to picking up your order. Jostens has mailed information to all seniors, but if you are not sure if you owe a balance be sure to call Jostens at 800-582-6376 and they will be happy to assist you.



The Den Digest

Check out the Virtual Learning Commons and see what is offered. Find links to databases, research help, reading lists, how to evaluate news sources and more.

<https://sites.google.com/a/ucps.k12.nc.us/cata-media-center/>

Want to check out a book? Stop into the media center and check one out or Login to Destiny and put one on hold.

Need a calculator? Fill out this form and have your parent/guardian sign. You can pick the calculator up in the Den or it will be given to your math or science teacher. <https://forms.gle/UopHczyHpjzf6QBb8>

Remember that you can access e-books and other resources through our online catalog

<https://search.follettsoftware.com/metasearch/ui/105625>



College and Career Corner

Information from the Counseling Department

Counseling Twitter @CATA_Counseling
Counseling Instagram @CATA.counseling



[Please click here for all information from our Counseling Department](#)

[Click here to sign up for CATA College Visits](#)

[Scholarship Spotlight- Click HERE SCHOLARSHIP PAGE](#)

[CATA Counseling Canvas Page- Click HERE](#)

REGISTRATION

Classroom presentations (Feb. 14 - 25): Counselors will present to their academy classes about the registration process.

Registration Window (March 2 - 9): Students will be able to register in PowerSchool during this window.

2nd Block Counselor Meetings (March 14 - 31): Every student will meet with their counselor during 2nd block to review their registration. Each second block class is assigned a specific day for their meeting (swipe for schedule). Students who do not register within the window will meet with their counselor on the make-up days.

Make-Up Counselor Meetings (April 1st and 4th): These meetings will be for students who were absent on their assigned day or who did not register during the window.



UCPS is offering five workshops to help parents with resources and tools to navigate tough situations. All parents are invited and encouraged to attend one or all of the following sessions.

UNDERSTANDING TRAUMA AND RESILIENCE

Feb. 17 at 6 p.m. - Cuthbertson High School

- Practical strategies to treat trauma.
- Principles for mitigating the impact of trauma on parents and a school community.

PRESENTER: Rachel Wilbourn, LCSW - Sage Counseling

GRIEF

March 17 at 6 p.m. - Piedmont High School

- How to identify grief and types of losses?
- How to support grieving children?

PRESENTER: Judy Cline, MSW, LCSW - Bereavement Technician

SUICIDE AWARENESS

March 24 at 6 p.m. - Porter Ridge High School

- Warning signs and myths.
- Current national and state trends.

PRESENTERS: Dr. Tracey Carney - SEL Coordinator, Dr. Melissa Todd - School Psychologist
 Susan Slattery-Rogers, MSW - School Social Worker, Belle Walker, MSW - Lead School Social Worker
 and Kelly Whitley, M.A. - School Counselor

IRULES: WHAT EVERY TECH HEALTHY FAMILY NEEDS TO KNOW

April 28 at 6 p.m. - Forest Hills High School

- How to develop a tech-healthy family?
- Trends and resources to help navigate social media.

PRESENTER: Janell Burley Hoffman

FAMILY WELLNESS

May 19 at 6 p.m. - Sun Valley High School

- How to develop a wellness plan for my family?
- Resources/apps to help my family.

PRESENTER: Tracey A. Leitner, RN, BSN - Atrium Healthcare





College and Career Corner

Information from the Counseling Department

Counseling Twitter @CATA_Counseling
Counseling Instagram @CATA.counseling

Attention Juniors: Are you interested in an internship next year? The application is open in MajorClarity under the work based learning link for you to apply for a summer internship or a full internship where you can get class credit in the fall or spring next year. You must have had two CTE courses and one 2nd level to apply. See Ms. Bartell for details.

11th grade pre-engineering students: Are you interested in getting paid to go to college while in high school and get high school and college credit at the same time? If so, be sure to attend the information meeting on April 7th at 6 pm at the SPCC Tyson Center for Technology! See Ms. Bartell in guidance for more information.

INTERNSHIP

CATA

The UCPS Career and Technical Education (CTE) Internship Program provides high school seniors opportunity for hands-on experience in areas of career or academic interest prior to college or post-secondary training. Internships may be paid or unpaid. Applications are ranked and processed based on program criteria.

QUALIFICATIONS CHECKLIST

- ☐ Senior during school year / rising senior for summer
- ☐ Has successfully completed at least two CTE courses and reached concentrator status within a career pathway (Priority given to students completed coursework in their internship field.)
- ☐ No more than 7 absences in any semester for the current and past two (2) years
- ☐ No suspensions (ISS or OSS) or serious disciplinary incidents on high school record
- ☐ Reliable transportation
- ☐ Encourage at least 2.5 overall GPA
- ☐ Can attend at least eight hours per week
- ☐ Positive feedback on references

APPLICATION PROCESS

- Complete application in Major Clarity
- If you arrange your own internship, fill in details and contact information on the application
- For medical internships, submit vaccination records
- Interview with prospective sponsor(s), if necessary
- **Deadlines:** April 15 for a summer internship, May 1 for a first semester internship the following school year and October 1 (medical) or October 15 (non-medical) for a second semester internship.

REQUIRED ASSIGNMENTS

Most assignments are completed online

- Time Sheet
- Journal
- Analysis Questions
- Terminology
- Workplace Readiness Modules
- Reflection Questions
- Capstone Project
- Career Development Articles
- Major Clarity Assignments

GRADE / CREDIT

Grade is based on required assignments, attendance at scheduled meetings and sponsor evaluation. Successful completion of the course will result in one unit of general elective credit.

Semester

- Grade shows on report card for each grading period

Summer

- Grade added to transcript after completion of course requirements

SCHEDULING

Community sponsor and student determine schedule based on the business' hours of operation and their mutual convenience.

- Minimum of 135 total hours required (100 contact hours)
- Student attends at least eight hours per week (two or three days per week for three to four hours per day)

Semester

- Placement must be confirmed by Internship Coordinator before course is added to class schedule
- Completed during first or second semester with one release period

Summer

- Hours and assignments completed before the beginning of first semester

BENEFITS to STUDENT

- Obtain a more realistic view of a career field and the world of work
- Connect classroom learning with career opportunities
- Make more informed decisions regarding post-secondary education or training
- Gain industry experience
- Make contacts that will help when applying for specific college programs or scholarships

FOR FURTHER INFORMATION:

- Go to the CTE website: ucpscte.org
- Log onto Major Clarity and select Work Based Learning Opportunities
- Contact:
Elizabeth Bartell, Career Development Coordinator
Central Academy of Technology & Arts
elizabeth.bartell@ucps.k12.nc.us 704-296-0105
Location: Guidance Office

CATA Counseling Department

A high school guidance department can help your student with a LOT during high school—counseling during a problem/or stress, college planning, career/college questions, interview skills, problem solving with classes/teachers, friendship/social issues. Counselors also help with scheduling and what courses to take. Counselors are available to answer parent questions as well.

Please see the list of counselors by academy:

Ashley Cole : Pre-Engineering and Performing Arts (theatre & dance) & Guidance Department Chairperson

Sarah Goodwin: Information Systems (Cyber Security, Computer Engineering, Software & Game Design) and Music Production & Re-cording Arts

Stephanie Graham: Medical Science, Transportation (Auto Technology & Collision Repair)



COUGAR ATHLETICS

Athletics website: <https://www.ucpsathletics.com/centralacademy>

If you have questions about athletics or want to volunteer to help with athletics, please send an email to Athletic Director, Coach [Rachael Petre](#). Make sure to follow all of CATA's athletic teams on Twitter: [@CATA_Athletics](#)

Last Week's Results

Thursday, March 3, TN 3 - PR 6; Soccer 2 - Corvian 0; BB 0 - Metrolina 10; SB 0 - UA 10

Friday, March 4: BB loses to Concord; SB 18 - Concord 0; Tennis 7- Corvian 2

Monday, March 7

Golf wins first Conference Match with a score of 173; Low Score: CATA's Rayan Patel 38; SB 11 - Queen's Grant 0; BB 12- Queen's Grant 2; Tennis 3 - Piedmont 5

Tuesday, March 8: Soccer loses to LCN; Tennis 6 - West Stanly 3

Wednesday, March 9: Soccer loses 1-0 to Hibriten

Friday, March 11: (A) Soccer @ East Lincoln 5:00 or 7:00 PM;

(A) SB @ S. Stanly 6:30 PM

Saturday, March 12: (A) Track @ Davison Meet 9AM

Monday, March 14: (A) Golf @ Anson 3:00 PM; (A) BB @ Queen's Grant 4:30 PM

(A) TN @ Sun Valley 4:00 PM

Tuesday, March 15: (H) Soccer vs. PR 7:30 PM

Wednesday, March 16: (A) T/F @ Weddington 4PM

Thursday, March 17: (A) T/F @ Forest Hills 4:00 PM; (H) TN vs. Forest Hills 4:00 PM; (A) Soccer @ CDS 6:00 PM; (A) SB @ CUTH 4:30 PM

Saturday, March 19 (A) T/F @ MR 9AM

News & Information

Spring Sports Home Games: As construction begins on our fields, Softball home games will be played at Don Griffin Park, Baseball home games will be played at Walter Bickett Stadium, and Soccer home games will be played at Monroe HS.

Spring Sports Parent Meeting: Parents please make sure you have completed [Contact Info Google Form](#) for Spring Sports. Also, please make sure you watch the [NCHSAA Videos](#). Here is the [LINK](#) to the Slides if you were unable to attend the meeting.

Physicals: The newest NCHSAA [physical form](#) for the 2021-2022 school year is on our athletics website under forms.

FAMILY ID: If you plan to participate in Athletics during the 2021-2022 school year, then you need to register with Family ID. You only have to register once and you are good for the entire school year. Same email & password as last year, if you are new to CATA you will need to create a new account. The link to the CATA Family ID page can be found under FORMS on the CATA Athletics Website [HERE](#).

Tickets: Tickets for all CATA Home Athletics can be purchased [HERE](#). We will not be taking any cash at the gate.

Season Sports Passes - Go to [CATA Athletics Website](#) for Season Pass Information. Student All Sports Pass - \$40 Parent All Sports Pass - \$100; Parent Spring Season Pass - \$50

Spring Contact Information:

Baseball – Erik von Husen

erik.vonHusen@ucps.k12.nc.us

Men's Golf – Mike Jacobus –

mike.jacobus@ucps.k12.nc.us

Men's Tennis – Terry Lewis –

soldbyterrylewis@gmail.com

Softball – Robert Steffman

robert.steffman@ucps.k12.nc.us

Track & Field – Kim Inuwa –

kimberly.inuwa@ucps.k12.nc.us

Women's Soccer – Jay Niessner –

jay.niessner@ucps.k12.nc.us

Living Tree Fundraiser: Please consider a donation to our spring sports programs. Feel free to share with others.

Click on the Sport to GIVE!

[Women's Soccer](#)

[Men's Tennis](#)

[Baseball](#)

[Men's Golf](#)

[Track and Field](#)

[Softball](#)



CATA PTSO Website: www.cataptso.org **Facebook:** @catacougarcouncil **Twitter:** @CATA_ptso
Email: catacougarcouncil@gmail.com

Senior Pass holders for March: Sabor will be providing tacos for Senior Pass Holders on Tuesday, March 22 from 1:50 to 2:20.

Pizza Kit Fundraiser

In celebration of "Pi" Day we're celebrating all month long with a "Pizza Pie" fundraiser. We've partnered with Little Caesars to bring pizza kits right into your kitchen. Need a quick dinner after a long day? Maybe an after school snack? Ohhhh even some fresh baked cookies. YES all of that can be ordered and shipped directly to you. And the best part is that Little Caesars will donate a portion of the sale back to CATA PTSO which will support the needs of our students and staff. It's easy and only takes a few minutes to order. You can pay by credit card and the yummy kits will be shipped right to your door by FedEx. Just follow the order link below and select the "start shopping" orange button at the bottom.

<https://fundraising.littlecaesars.com/fundraisers/support/f46a7a7f-cc79-471e-9724-9c5c02934c65>



If this sounds good to you, just imagine how your friends and family will like it! Share the link to ANY-ONE across the country. With this special link CATA will receive the fundraising donation and the items are shipped directly to the person ordering - there is nothing you need to do except SHARE. Simply copy the link or use the social media tabs from the order link home page. Thank you for supporting CATA PTSO and celebrating Pi Day with the best way we know how ... PIZZA PIE!

PTSO Senior Scholarship NOW OPEN

CATA PTSO is open to current CATA seniors whose families were members of the PTSO by the end of 2021. Amount: \$250 (minimum of four scholarships are being offered) Deadline: April 13, 2022

Application: **Click [here](#)**

Scholarship Committee (non-senior parents needed)

PTSO is looking for a handful of non-senior parents to help review our senior scholarship applications. This is a light time commitment sometime mid - late April. You will need to attend 1-2 meetings where you will review all of the applications and as a team award the scholarships. If you are interested, please contact Dee Swanson (demetra.swanson@gmail.com).

2022-2023 Committee Chairs Needed

Next school year is fast approaching and we are rounding out our PTSO board for next year. We have a few more spots to fill including Membership, Scholarship/Grant and Fundraising. If you've been involved at your previous school(s), please reach out. High School PTSO involvement is much different than elementary or middle school - less hands on and more behind the scenes - and we need you! New to this whole PTSO thing? No problem - no previous PTO/PTA or PTSO experience needed - just a desire to share ideas, brainstorm and have input on how to support CATA. Our goal is to provide resources and support for our school and give our children the best learning experience (oh and we have fun too - it's a great way to meet new CATA parents).

If you'd like to learn more about any of these open needs or just to learn more about CATA PTSO in general, please reach out to Megan Huffman (meghuf5@yahoo.com or 704.905.6473 cell/text).

Items to Remember

Attendance and Absence Notes: Absence notes must be emailed and/or scanned to [Mr. William Smith](#) our data manager upon the student's return to school in order for the absence to be considered excused. Absences will be coded unexcused in PowerSchool until an email excuse is received. Please allow 24 hours for excusal notes to be coded in PowerSchool. Students may fail if they have 8 or more unexcused absences per class. Attendance is taken each class period. Students will have a chance to recover up to three unexcused absences per class. Parents will receive notification upon the 3rd, 6th, and 8th unexcused absence.



Parking Passes— are now being sold on a first come first served basis. After we run out of spots, then students will be put on a waiting list. The process for purchasing parking passes will be on the online platform “**FamilyID**” An account has to be created if you do not already have one. Parking passes MAY NOT be purchased by any student who owes outstanding fees. After completion of the application, CATA will review your submission. The student will then receive a spot number and a link to pay for the pass once the application has been approved via the email provided in the registration form. Passes are \$45. Link for the application: <https://bit.ly/3s9faWh>



CATA Student Handbook Link: Information about attendance, tardy policy, leaving school early, the dress code, and more. [Click here](#)

-CATA Honor Code: Created by Faculty and now in use and on display in each class. [Click here to view.](#)

-CATA Dress Code and Tardy Policy: Parents and Students please review: [Click here](#) and go to pages 21-23.

Technology Help Desk

Justin.Penegar@ucps.k12.nc.us

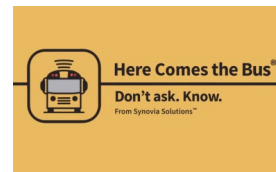
Help Desk Hours for Students: Room 519

Monday 9AM – 10:30AM
 Tuesday 12:30PM – 2PM
 Wednesday 9AM – 10:30AM
 Thursday 12:30PM – 2PM
 Friday 9AM – 10:30AM

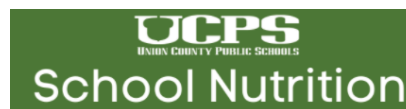


Bus Transportation:

Parents should email [Ms. Tweed](#) if they need bus transportation. Bus riders and parents should sign up for the **Here Comes the Bus App**. This app allows you to view the real-time location of your child's school bus on your smartphone, tablet or computer. Be sure that your child is at their bus stop at least **20 minutes** before the scheduled arrival time. [Bus App Letter English](#) [Bus App Letter Spanish](#)



Early Dismissal: If a student driver needs to be dismissed early from school, a parent note must be emailed to [Mr. William Smith](#), our data manager prior to the start of the school day in order for the student to receive an early dismissal pass. The emailed parent note must contain the date, student's full name, the time that the student needs to be dismissed from school and the parent's phone number. Any student being picked up early from school by someone other than a parent, must follow the same protocol stated above while giving permission for someone else to pick up the student. Email the Mr. William Smith. In the event that a parent does not email a note, the parent must call the school to speak to someone in the front office.



Breakfast and Lunch: All breakfast and lunch meals are free to students this year! Students can purchase ala carte items if they would like. This includes premium chicken items, cookies, chips, sodas and water. To add money to their student's account they can visit k12paymentcenter.com

PTSO Senior T-Shirt Design Contest– Class of 2023



PTSO Senior T-Shirt Design Contest



The PTSO invites you to participate in the Senior T-Shirt design contest! Help us recognize the efforts and spirit of the Class of 2023 and choose to participate in the contest! The winner will receive a free senior tee and senior sign, compliments of the PTSO! Follow the directions below to submit your design. The submission deadline is Wednesday, March 23, 2022! Thank you!

Student Instructions for T-Shirt Design

1. Senior T-Shirt designs must adhere to CATA Code of Conduct and copyright laws.
 - a. Any shirts deemed not to meet this criterion will be disqualified.
 - b. Make sure you are not using copyrighted images or other items.
 - c. Please be sure to ask any questions before you submit your design.
2. Please make sure that you choose the following items:
 - a. T-Shirt Color (If left white, white will be the color used)
 - b. Text (Size and fonts that you want)
 - c. Other colors (please make sure you specify; otherwise, black will be used)
3. All designs must be completed using Custom Ink.
 - a. No designs will be accepted through any other medium.
 - b. Once your design is completed on Custom Ink, please email the link to Ms. Christensen (deb.christensen@ucps.k12.nc.us).