



Central Academy of Technology & Arts Cougar Chronicle

Volume 8

Issue 25

January 28, 2021

Link to CATA
Social Media Sites
Click the Crest

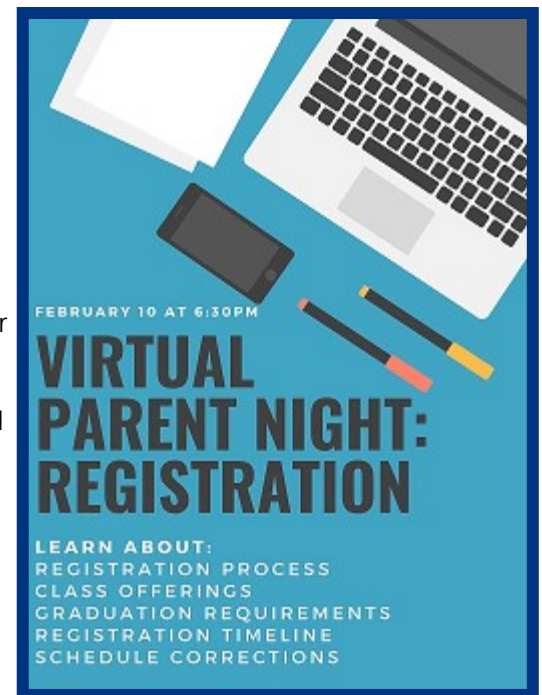


Instagram



Dear CATA Family,

- ◆ **The Third Six Weeks A and A/B Honor Roll** students are listed in this edition and the **Academic Bars and Letters** for the entire Fall Semester will be listed in next week's edition.
- ◆ **Virtual Parent Night Registration:** This will be held on Wednesday, February 10 at 6:30 PM. Learn about the registration process, class offerings, graduation requirements, the registration timeline, and schedule corrections. Please [CLICK HERE](#) to sign up.
- ◆ The band is now offering **CATA logo masks** for sale on our Spirit Wear site for \$10. Click [here](#) for the mask. **CATA Cougar Spirit Wear:** [click here](#) to purchase.
- ◆ Please check out our **Career and Development** information on pages 7 and 8 from Ms. Bartell. There is information on **Internship Program and the Advanced Manufacturing Pre-Apprenticeship Program**
- ◆ **National School Counseling Week** is next week, February 1-5. Please thank our counselors Ms. Lawson, Ms. Cole, and Ms. Goodwin. In addition let's show appreciation to the rest of our guidance team, our CDC Ms. Bartell, and our guidance secretary, Ms. Tweed!
- ◆ **Jostens Central Academy Class Rings Class of 2022 and 2023:** Jostens will be here on February 16 and 17 during student lunches. There is a **parent night** outside of the main office on 2/16 from 3-6 PM. Check out the ad and QR Code on page 13. Class Ring Video– [Click Here](#)
- ◆ **Love the Bus Month:** Please show appreciation to all of our bus drivers. Love the Bus month begins this February 1.
- ◆ **Second Semester Expectations** for Plan B and D students and our academic and attendance early detection plan are found at this [link](#).
- ◆ The **Fall Senior Letter** is [posted here](#) and is on page 3 of this edition. We are working on the details and hope to update more in the coming weeks. **Our graduation date is on Friday, June 4, at 8 AM, at Walter Bickett Stadium.**
- ◆ The **ACT** will be administered for ALL Juniors on Tuesday, 2/23. We will send out details in the coming weeks.
- ◆ The **PreACT** will be given to ALL Sophomores this semester. The PreACT is a practice ACT test to project how well you will do on the ACT when you are a junior!! Ms. Lawson, testing coordinator, is finalizing the dates. Please make sure to check your email regularly to receive updated information.
- ◆ The **College Board** will launch its inaugural **BigFuture Days**, a regional series of virtual college fairs for high school sophomores and juniors to help connect them with hundreds of colleges, admissions officers, and current college students. Please see the information on page 6 about how to sign up.
- ◆ **Athletics:** Please see our athletics pages in this edition for information on our yearly schedule. Please check out page 11 on how to **live stream CATA football, basketball, soccer, volleyball, and wrestling**. **Subscribe today! Please visit our Athletics Page in this edition for information on how to give to specific sport fundraisers.**



Please take time to read over this newsletter. The Cougar Chronicle, in addition to our website, will be the main form of communication from school to home.

Go Cougars! Ms. Merritt



School Safety, Attendance and Notes, Parking Passes, Bus Information, Daily Schedule

School Protocols Safety– [Click Here](#)

Click [here](#) for state Guidelines

Second Semester Expectations for ALL Students Plan B and D and the Early Detection Program: [CLICK HERE](#)

Attendance will be taken for student participation on their assigned day at school and virtually each day in Power School. School is in session and students are expected to be in class or logged into a class session at the appropriate time each day unless otherwise stated. Students on Plan B will be counted absent if they are not in attendance on their assigned day.

Attendance and Absence Notes: Absence notes must be **emailed** and/or scanned to [Mr. William Smith](#) our data manager upon the student's return to school in order for the absence to be considered excused. Absences will be coded unexcused in PowerSchool until an email excuse is received. Please allow 24 hours for excusal notes to be coded in PowerSchool. Students may fail if they have 8 or more unexcused absences per class. Attendance is taken each class period. Students will have a chance to recover some unexcused absences.

Bus Info: Parents should email [Ms. Tweed](#) if they need bus transportation. Bus riders and parents should sign up for the **Here Comes the Bus App**. This app allows you to view the real-time location of your child's school bus on your smartphone, tablet or computer. Be sure that your child is at their bus stop at least **20 minutes** before the scheduled arrival time. [Bus App Letter English](#) [Bus App Letter Spanish](#)

Parking Passes One cannot drive and park at the school if they have not purchased a parking pass. Parking in any lot other than the student parking lot is not permitted. The process for purchasing parking pass is on FamilyID this year, an account will need to be created if you do not already have one. [Click here for FamilyID](#). Parking passes MAY NOT be purchased by any student who has outstanding fees. After completion of the application, CATA will review your submission. The student will then receive a link to pay for the pass once the application has been approved via student UCPS email. Parking passes are \$45. If you have any questions, please email Ms. [Robin Viar](#).

Daily Schedule

First Period:	9:05 to 10:35
Second Period:	10:40 to 12:10
Third Period:	12:15 to 2:10
Lunch A:	12:10 to 12:35
Lunch B:	12:42 to 1:07
Lunch C:	1:14 to 1:39
Lunch D:	1:46 to 2:10
Fourth Period:	2:15 to 3:45

Friday Schedule: Each student must check in with their teachers on Friday. Each teacher has been asked to communicate with students the expectations for each Friday. Attendance is taken on Friday, so students must complete assigned tasks for each teacher to be counted present. This information should be posted on each teacher Canvas page.

Monday and Tuesday– Last name A-K
Wednesday and Thursday– Last name L-Z

Technology Help Desk– Mr. Eddins

[Click Here for Assistance Form](#)

Email James.eddins@ucps.k12.nc.us

Links

[UCPS Technology Help Desk](#)

[UCPS Technology](#)

[Chromebook Start Up Link](#)

[Canvas Help](#)



Help Desk for Students:

Monday 8:30AM – 10:AM

Tuesday 12PM – 1:30PM

Wednesday 8:30AM – 10AM

Thursday 12PM – 1:30PM



Fall Senior Letter

Dear Class of 2021,

Congratulations on making it to this point in your academic career. We are proud of you and encourage you to finish your journey strong. We would like to provide you some preliminary information this fall for your senior year. Please keep in mind that we are having to make changes to traditional plans and will have more information as the year progresses. We are making plans and will communicate as soon as those plans are solidified.

Graduation: Our graduation date is on Friday, June 4, at 8 AM, at Walter Bickett Stadium.

Caps and Gowns: Students will pick up their caps, gowns, announcements, and yearbooks at CATA in May. We will send specific information about this event to your school email and through the school ConnectEd System. Remember that you must have a cap and gown if you intend to walk at graduation in 2021. If you still need to order it's easy! [Click the link here](#) OR CALL Josten's at 910-895-8471.

Graduation Practice: We will send more specific information about graduation practice in the Spring Senior Class of 2021 Letter. Last year we did not have a practice and we may not have one this year. Please stay tuned for details. We will communicate specific information about procedures if we do not have practice.

Attire: We will send more specific information about graduation day in the Spring Senior Class of 2021 Letter.

Senior Cap and Gown Picture: We will send more specific information about the picture in the Spring Senior Class of 2021 Letter.

Senior Week: We will send more specific information about Senior Week in the Spring Senior Class of 2021 Letter. This will be in May.

Senior Academic Signings: We will send more specific information about academic signings in the Spring Senior Class of 2021 Letter.

Graduation Speeches: Each academy has one senior give a speech at graduation. A committee of the faculty and staff of Central Academy chooses the individuals for graduation speeches. Students may audition for consideration in May. Please pay attention for the audition date and procedures in the Spring Senior Letter.

Past due fees: Past due fees must be paid before students may participate in Graduation. Please make online past year technology payments through the Central Academy Website, and make all other payments at the school with the bookkeeper. Dr. Wall and other staff will be calling about past due fees in an attempt to settle all fees by the end of February.

Items that need to be returned to CATA: This includes, but is not limited to Chromebooks and chargers, calculators, textbooks, athletic uniforms, library materials, and other school owned items. We will communicate a date for seniors to return these items to our school in the Spring Senior Letter.

Tickets and Parking Passes: We will send more specific information about Tickets and Parking Passes in the Spring Senior Class of 2021 Letter.

Graduating from high school is dependent upon earning the number and type of credits needed to earn a diploma. Participating in the graduation ceremony is a privilege, one that your family will truly value as they have spent a lot of time supporting you in your academic studies. Please take time to ensure that you are eligible to graduate by earning the credits needed. Please take time to ensure that you are able to participate in the graduation ceremony by making good choices for the remainder of your senior year and by making sure that you have taken care of all financial responsibilities.



The Counseling Department

Class Information from the Guidance Counselors

[Counseling Twitter @CATA_Counseling](#)
[Counseling Instagram @CATA.counseling](#)

[Click here to sign up for CATA College Visits](#)

[Scholarship Spotlight– Click HERE SCHOLARSHIP PAGE](#)

[Please click here for all information from our Counseling Department](#)

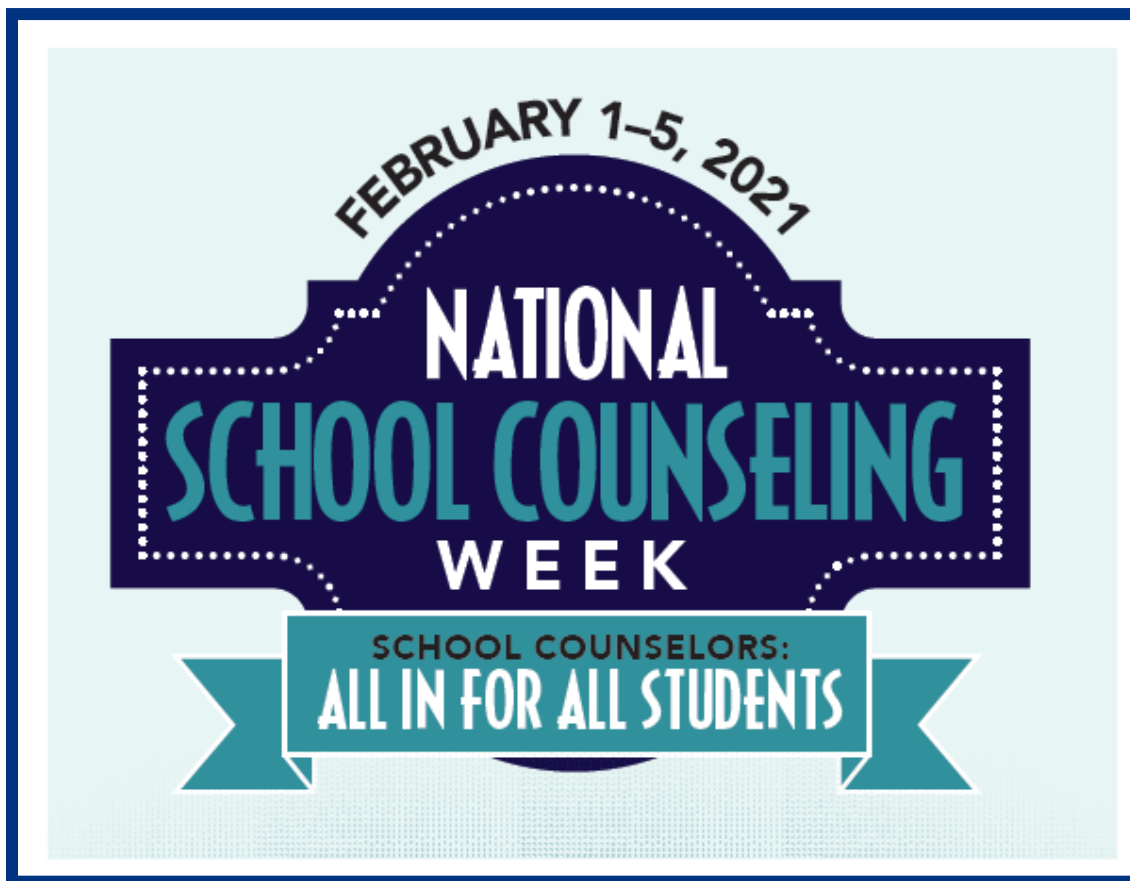
[CATA Counseling Canvas Page– Click HERE](#)

CATA Tutoring Times - Spring 2020 (This may be updated in the coming weeks)

CATA will be offering tutoring times each day of the week based on subject. Approved CATA students will be providing the tutoring. If tutoring is needed, then please click the Teams link to join during the assigned times. Tutoring.

[Click HERE FOR THE TUTORING LINKS.](#) Scroll down once on the page and you will see the links for each subject.

- Monday - 3:45 to 4:45 for Social Studies, Math 1 & 2, Math 3, Pre-Calculus, & Math 4
- Tuesday - 3:45 to 4:45 for Science
- Wednesday - 3:45 to 4:45 Math 1 & 2, Math 3, Pre-Calculus, & Math 4
- Thursday - 3:45 to 4:45 English
- Friday - All 5 subjects will be offered from 1:30 - 3:30 in 2 shifts (1:30 to 2:30, 2:30 to 3:30)



CATA Guidance Department

A high school guidance department can help your student with a LOT during high school—counseling during a problem/or stress, college planning, career/college questions, interview skills, problem solving with classes/teachers, friendship/social issues. Counselors also help with scheduling and what courses to take. Counselors are available to answer parent questions as well.

Please see the list of counselors by academy:

[Ashley Lawson](#): Medical Science, Transportation & Guidance Department Chairperson

[Ashley Cole](#) : Pre-Engineering and Performing Arts (theatre & dance)

[Sarah Goodwin](#): Information Systems (Cybersecurity, Computer Engineering, Software & Game Design) and Music Production & Re-cording Arts



The Counseling Department– Page 2

Class Information from the Guidance Counselors

Counseling Twitter @CATA_Counseling
Counseling Instagram @CATA.counseling



COUNSELING DEPARTMENT PROCEDURES

To ensure the safety of students and staff we are implementing the following procedures for the 2020-2021 school year.



MEETING BY APPOINTMENT ONLY

Email your counselor to schedule an in-person or virtual appointment. If a student is in crisis they will need permission from their teacher to visit a counselor.



SAFETY MEASURES

One student in a counselor's office at a time
 Masks are required
 Remain 6ft apart
 Entrance doors will remain shut

REASONS TO CONTACT US

COUNSELORS

Ms. Lawson, Ms. Cole, Ms. Goodwin
 To discuss academic, social/emotional, and career questions. This includes, but is not limited to: Class selection, college/career choices, scholarships, and friendship/relationship/family issues.

CAREER DEVELOPMENT COORDINATOR

Mrs. Corbett
 To discuss career fields and job qualifications. To discuss internship options within the county. Students enrolled at SPCC can discuss class options. Students interested in SPCC can discuss how to get enrolled.

COUNSELING SECRETARY

Mrs. Tweed
 The first person you see when entering our office. Mrs. Tweed can provide transcripts and bus passes. She can help with most school-related questions and can help students determine if they should meet with a counselor.



Parents can now access Scoir!

What can you do with a Scoir account?

1. See which colleges your child is following.
2. Suggest colleges for your child to follow.
3. Complete a personalized financial aid calculator to receive a custom price estimate.

How do you get a Scoir account?

Your child must invite you!

Students should:

- Log in
- Visit "My Profile"
- Click on "Invite a parent"

Students will need their parent's email address.

Parents

+ Invite a Parent

For more info, visit <https://bit.ly/onlinecollegetools>.

@UCPSCollegePrep



Click on the
Ad to register

2020-2021 UCPS Parent College Readiness Webinars

For more info and to register visit
<https://bit.ly/collegereadywebinars>

Paying for College.....	September 21, 2020
Getting Ready for College.....	October 19, 2020
College Entrance Exams 101.....	November 16, 2020
College Recruiting for Athletes.....	December 8, 2020
Scoir for Underclassmen Parents.....	January 11, 2021
Paying for College.....	February 8, 2021
College Entrance Exams 101.....	March 8, 2021
College Recruiting for Athletes.....	April 19, 2021

All webinars will be held at 6:00 pm.
 Dates are subject to change.

@UCPSCollegePrep

Find the college
for you at the

Jan. 31

College Fair

Click on the
Ad for Info.

NACAC
Virtual
COLLEGE FAIRS

Sign up now for FREE!
virtualcollegefairs.org

All high school
juniors, seniors,
transfer
students, and
families are
welcome.





BigFuture Days College Fair



BigFuture Days

SIGN UP FOR COLLEGE BOARD'S FIRST-EVER VIRTUAL COLLEGE FAIRS

**Click on this flyer to
Register!**

Whether you've already started your college search or have no idea where to begin, we want to connect you with colleges that might be a good fit for you. BigFuture™ Days gives you a chance to get information about multiple colleges from college admissions officers and current college students.

Here are five reasons to attend BigFuture Days:

- 1 Explore colleges in a way that's informative but not overwhelming.
- 2 Connect directly with colleges to get answers to your questions and show your interest in attending.
- 3 Hear from current college students who know what it's like on campus.
- 4 Take key college planning steps like searching for colleges and exploring scholarships.
- 5 Join these free events from a computer or mobile device.

Sophomores and Juniors: Save These Dates

Explore your college options in each region—attend any or all of these events.

- **BigFuture Day West + Southwest**, Saturday, February 6
- **BigFuture Day Southeast**, Tuesday, February 23
- **BigFuture Day Northeast**, Sunday, March 7
- **BigFuture Day Midwest**, Thursday, March 11



Go to cb.org/bigfuturedays to register and learn more!

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The Career Development Corner

Career Development Corner

11th Graders: Are you interested in applying for internships for Senior year? or an Advanced Manufacturing Pre-Apprenticeship?

Internship Overview:

Gives seniors an opportunity to get experience in a field of work they are interested in
Seniors can do a flex internship which is a half credit and does not average into the student's GPA

Typically completed before/after school or summer

The full internship counts as a full class credit and averages into the student's GPA

Student will either take internship course 1st or 4th block and must commit to at least 8 hours a week to be able to get all hours in

Refer to flyer on the next page for more detailed information.

Advanced Manufacturing Pre-Apprenticeship Overview:

Student takes morning classes at High School while afternoon is split between classes at SPCC and working at Greiner Bio-One or other partner company

Student is paid for approximately 20 hours per week which is a combination of training, attending classes and work

Fall Classes at SPCC would begin in mid-August, 2021

Students receive High School Credit for their Community College Courses

Provides a potential opportunity to be selected for Registered Apprenticeship Program

Provides hands on training to develop technical skills

Click on the link below and then click on "Work-based Learning" link at the top of the site for more information about pre-apprenticeships and internships. Link is not live yet to apply. This is coming soon! Please see Ms. Bartell in Guidance for more information on both programs:

www.ucpscte.org



Internship Fact Sheet

INTERNSHIP ^{FLEX} Semester

The UCPS Career and Technical Education (CTE) Internship Program provides high school seniors opportunity for hands-on experience in areas of career or academic interest prior to college or post-secondary training. Internships may be paid or unpaid. Applications are ranked and processed based on program criteria.

QUALIFICATIONS CHECKLIST

- ☐ Senior during school year / rising senior for summer
- ☐ Has successfully completed two CTE courses within the same career cluster (Priority given to students who successfully completed a second-level CTE course and those who completed coursework in their Internship area.)
- ☐ No more than 7 absences in any semester for the current and past two (2) years
- ☐ No suspensions (ISS or OSS) or serious disciplinary incidents on high school record
- ☐ Reliable transportation
- ☐ Minimum 2.5 overall GPA
- ☐ Can attend at least 8 hours per week
- ☐ Positive feedback on references

APPLICATION PROCESS

- Apply online: <https://ucpscte.org/work-based-learning/>
- If you arrange your own Internship, fill in details and contact information on the application
- For medical Internships, send or turn in vaccination record
- Interview with prospective sponsor(s) if requested
- *Flex* applications accepted through April 30 for summer and through January 15 for the school year
- *Semester* applications accepted through October 1 (medical) or October 15 (non-medical) for second semester Internship and through May 1 for a first semester Internship the following school year

REQUIRED ASSIGNMENTS

Most assignments are completed online

- Time Sheet
- Journal
- Topics Questions
- Terminology
- Reflection Questions
- Capstone Project
- Career Development Articles
- Online Job Shadow
- Workplace Readiness Modules

GRADE / CREDIT

Grade is based on required assignments, attendance at scheduled meetings and sponsor evaluation

Flex

- Grade entered directly into transcript after Internship is completed
- Grade not factored in GPA calculation
- Elective credit: 68 hours = $\frac{1}{2}$ unit 135 hours = 1 unit

Semester

- Grade shows on report card for each grading period
- Grade factored in GPA calculation
- Elective credit: 135 hours = 1 unit

SCHEDULING

Community sponsor and student determine schedule based on the business' hours of operation and their mutual convenience

Flex

- Minimum of 68 hours required (50 contact hours)
- Not bound by school calendar
- Completed any time school is not in session: after school, weekends, workdays, school breaks, summer

Semester

- Minimum of 135 hours required (100 contact hours)
- Placement must be confirmed before Internship is added to class schedule
- Completed during first or second semester with one release period

BENEFITS to STUDENT

- Obtain a more realistic view of a career field and the world of work
- Connect classroom learning with career opportunities
- Make more informed decisions regarding post-secondary education or training
- Gain industry experience
- Make contacts that will help when applying for specific college programs or scholarships

FOR FURTHER INFORMATION CONTACT:

Elizabeth Bartell, Career Development Coordinator
Central Academy of Technology & Arts
elizabeth.bartell@ucps.k12.nc.us 704-296-0103

Location: Guidance Office
or

UCPS Internship Coordinators:

Karen Adcock

karen.adcock@ucps.k12.nc.us

704-296-6366

Jeanne Hunt

jeanne.hunt@ucps.k12.nc.us

704-296-6363

UCPS
UNION COUNTY PUBLIC SCHOOLS
www.ucps.k12.nc.us

In compliance with federal law, Union County Public Schools prohibits discrimination on the basis of race, sex, religion, national origin, age or disability.



PTSO- The Cougar Council

Website- [CATA PTSO- The Cougar Council](http://www.cataptso.org)

Website- [CATA Performing Arts Parent Committee](mailto:catacougarcouncil@gmail.com)

[Click here for the Cougar Council December Newsletter](#)

[Click here for PICTURES from the CATA Senior Holiday Celebration](#)

HELLO CATA FAMILIES!! Please visit our CATA PTSO website www.cataptso.org for information including Invest in Excellence, PTSO Membership and more. Feel free to reach to us at catacougarcouncil@gmail.com with any questions, ideas or suggestions. We know this year will look very different for us all which is even more reason to get involved and stay informed.

NEW - MORE FREE MONEY FOR THE SCHOOL:

Publix Partners has contributed \$37.7 million to more than 4,600 schools across the Southeast and YOU can help CATA receive some of those funds. Participating is easy, simply create or sign into your **Publix account** (www.publix.com/myaccount/register), click My Publix Partners at the top, and Central Academy of Technology & Arts as your school. That's IT! Then enter your phone number or use pay with the Publix app every time you check out. They'll give back to CATA just for shopping at Publix (it does not cost you any more to support CATA). **This is NEW so if you shop at Publix, please take a few minutes to sign up - thank you so much!**

AmazonSmile in the Amazon Shopping app

You can now support your favorite charity on iPhone & Android phones

How to turn on AmazonSmile in the mobile app

- 1**
Join AmazonSmile
If you are not already an AmazonSmile member, [sign up](#) in your web browser. Simply select your favorite charity to start generating donations, at no cost to you.
- 2**
Get the app
Download or update to the latest version of the Amazon shopping app on your phone. You can find it in the [App Store](#) for iOS or [Google Play](#) for Android.
- 3**
Turn on AmazonSmile
Open the app and find "Settings" in the main menu (bottom left). Tap on "AmazonSmile" and follow the on-screen instructions to turn on AmazonSmile on your phone.

Please consider supporting CATA by linking to these companies when you are shopping next time!

Harris Teeter Together in Education
(link to CATA using code 3612)

Amazon Smile
(<https://smile.amazon.com/ch/26-1542614>)



COUGAR ATHLETICS

If you have questions about athletics or want to volunteer to help with athletics, please send an email to Athletic Director, [Coach Jay Niessner](#). Make sure to follow all of CATA's athletic teams on Twitter: [@CATA_Athletics](#)
[Click here](#) for NCHSAA 2020-21 Sports Seasons

Upcoming Events:

Monday, February 1st: HOME – Women's Basketball vs. Montgomery Central – 5:30 pm

Tuesday, February 2nd: AWAY – Basketball vs. West Stanly – Men Only – 4:30/6:00 pm; AWAY – Soccer vs. Mount Pleasant – 5:30 pm

Thursday, February 4th: AWAY – Soccer @ Corvian Community School – 6:00 pm

Friday, February 5th: HOME – Basketball vs. Anson – 4:30/6:00/7:30 pm

Saturday, February 6th: AWAY – Greensboro – NCHSAA Regional Swim – 9:00 am

News & Information:

- ◆ Congrats to cross country runner **Grace Lane** on placing in the top 40 of the NCHSAA State Race last week.
- ◆ Congrats to the **Men's Swim Team** on winning the Rocky River Conference Championship and the women's swim team on finishing second.
- ◆ Some of our swimmers will advance to the **NCHSAA Regional Meet** next weekend in Greensboro; check out next week's Chronicle to see who qualified.

Important Upcoming Dates:

First Day of Football Season – **Monday, February 8th, 2021**

Contact Coach Griffin for more information – shane.griffin@ucps.k12.nc.us

Parent Check List for Athletics: The following need to be completed prior to starting a sport at CATA:

- FamilyID – Completed & Approved: [Link Click Here](#)
- CATA Virtual Athlete/Parent Preseason Meeting Sign Off – Completed [Link Click Here](#)
- **Contact** your student's coach. We need to know how many kids are trying out for sports (especially indoor sports) due to limitations on our numbers. Coaches Contact information can be found below

Virtual Athlete/Parent Preseason Meeting: Due to limitations on gatherings, we will not be holding any in person preseason meetings. All students interested in participating should follow the link below to our virtual meeting and complete the sign off. This must be done before starting a sport. This only needs to be completed ONE time for the 2020-2021 school year. Teams will hold virtual parent nights after teams are selected.

Link: [Click HERE](#)

UCPS Eligibility – Attendance Matters: Union County Public Schools will enforce a previously used attendance rule as it relates to athletic eligibility. In order to be eligible for interscholastic athletics participation, students must have been in:

- Daily attendance 85% (No more than 13 absences a semester) of the previous semester and must meet all applicable eligibility standards of the NCHSAA.
- PowerSchool defines daily attendance as being present 2 blocks. Absences recovered through attendance recovery will not change the attendance record and therefore will impact opportunities including the ability to participate in interscholastic athletics.
- Schools will have the opportunity to submit a hardship request based on a legitimate circumstance, such as a medical condition, which may have created an attendance hardship.

[CLICK HERE FOR 2020-21 SPIRIT WEAR](#)

Athletics Coaches Contacts and Important Dates are on the next page.



COUGAR ATHLETICS

Athletic Department Contact Information:

Athletic Director - Jay Niessner – jay.niessner@ucps.k12.nc.us
Administrator over Athletics – Dr. Josh Wall – josh.wall@ucps.k12.nc.us
Baseball – Aaron Hammers – aaron.hammers@ucps.k12.nc.us
Cheerleading - Ashley Lawson – Ashley.lawson@ucps.k12.nc.us
Cross Country - Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us
Football – Shane Griffin – Edward.griffin@ucps.k12.nc.us
Men's Basketball – Sam Smithson – Samuel.smithson@ucps.k12.nc.us
Men's Golf – Mike Jacobus – mike.jacobus@ucps.k12.nc.us
Men's Soccer - Jay Niessner – jay.niessner@ucps.k12.nc.us
Men's Tennis – Terry Lewis – soldbyterrylewis@gmail.com
Soffball – Aaron Hammers – aaron.hammers@ucps.k12.nc.us
Swimming – Sally Goodwin – sarah.goodwin@ucps.k12.nc.us
Track & Field – Kim Inuwa – kimberly.inuwa@ucps.k12.nc.us
Volleyball - Stephanie Peacock – Stephanie.peacock@ucps.k12.nc.us
Women's Basketball – Kevin Allran – kevin.allran@ucps.k12.nc.us
Women's Golf - Nelson Rowell – nelson.rowell@ucps.k12.nc.us
Women's Soccer – Jay Niessner – jay.niessner@ucps.k12.nc.us
Women's Tennis - Terry Lewis – soldbyterrylewis@gmail.com
Wrestling – Mike Jacobus – mike.jacobus@ucps.k12.nc.us

Adjusted Sports Season's 2020-2021:

Men's & Women's Basketball: December 7th – February 19th

Basketball Cheer: November - February

Men's Soccer: January 11th – March 12th

Football: February 8th – April 9th

Football Cheer: February – April

Men's & Women's Golf: March 1st – April 30th

Men's Tennis: March 1st – April 30th

Soffball: March 1st – April 30th

Women's Soccer: March 1st – April 30th

Baseball: April 12th – June 11th

Women's Tennis: April 12th – June 11th

Track & Field: April 12th – June 11th

Wrestling: April 12th – June 11th



COUGARS Live Streaming

Central Academy High School is happy to announce the return of our live streaming initiative for the 2020-2021 school year! Our school's automated live streaming cameras will allow student-athletes, parents, and fans to watch hundreds of athletic events throughout the year LIVE and ON-DEMAND from any device.

FOOTBALL – BASKETBALL – SOCCER
VOLLEYBALL – WRESTLING

A Subscription With Central Academy Athletics Includes:

- Access to the entire NFHS Network
- JV and Varsity Games
- Watch Live and On-Demand



Annual Pass - \$5.83/mo.
Billed at \$69.99
30% Goes Back to Central Academy

Monthly Pass - \$10.99/mo.
Billed Monthly. Cancel Anytime
10% Goes Back to Central Academy

Please visit ucpsathletics.com/livestreaming to subscribe today and start streaming LIVE.





Den Digest (Media Center) & Yearbook Information

Yearbooks are on sale for \$85.00. Reserve your copy today! Order online at <https://yearbookforever.com/>. **Search for CATA.**

Take your own yearbook picture: [Click here](#) and use password cougars20 to upload your photos. You can also download the **Yearbook Snap** app from the App Store or on Google Play.

The Den Digest

[CATA 2020 Secondary Databases and Extended Learning Resources For Students](#)-click here

- The CATA Media Center website has been transformed into a Virtual Learning Commons. Check out the website and see what is offered. Find links to databases, research help, reading lists, how to evaluate news sources and more.
<https://sites.google.com/a/ucps.k12.nc.us/cata-media-center/>
- Want to check out a book? Login to Destiny and put one on hold. We will deliver it to you!
- Need a calculator for second semester? Fill out this form and have your parent/guardian sign. We will give the calculator to your math or science teacher. You can still get a calculator if you are in the virtual academy. <https://forms.gle/UopHczyHpjzf6QBb8>
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Josten's Class Rings: Class of 2022 and 2023



Central Academy High School



Class of 2023

Your story. Your style. Your ring.

Class Jewelry Orders

February 16 & 17

Time: Lunches both days (parent night on
The 16th, 3pm-6pm)

Place: Cafeteria or lobby


\$75⁰⁰ Deposit will allow us to begin making
your Custom Class Jewelry **NOW!**

Design and order your ring online at www.jostens.com

CHECK OUT THE NEW VARSITY BAND RINGS!



Jostens provides a
PRODUCT GUARANTEE &
PROTECTION PLAN on
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 Design Your Jewelry at jostens.com

New Class Jewelry Options
Your one-of-a-kind story
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Print out your order form
and **bring it** with you!

Traditional
Class Rings
starting at
\$135

INTRODUCING

THE CLASS BAND



Jostens

Questions: 910-895-8471



Third Six Weeks A and A/B Honor Roll Students

A Honor Roll

Morgan McKayla Abrams
 Emily Charlotte Adams
 Liam McAuley Ahern
 Daniel Rustamovich Ahmedoff
 Jaden Ryan Allison
 Oliver Quinn Anderson
 Sergio Andrade Cristobal
 James Michael Arcure
 Ashline Jonelle Arnaud
 Kaili Brielle Arnold
 Katie Johana Arriaga-Carrera
 Campbell Evelyn Frances Arthur
 Sophia Claire Atkinson
 Seth Michael Averill
 Thomas Shelton Ayers
 Noah Gregory Babineau
 Leonardo Todd Barber
 Isaac Daniel Bareham
 Henry Oliver Barnes
 Carli Paige Barron
 Emilee Shannon Batchelor
 George Maurice Batshon
 Melaniya Jane Batsuk
 Daniel Baxan
 Michelle Alyssa Benton
 Dipesh Bhattarai
 Emma Kathryn Birt
 Abby Mae Bliven
 Gage Michael Boothe
 Carson John Brackenbush
 Shawn Rhys Brewster
 Leah Alexandra Brinkley
 Isabelle Claire Brown
 Mary Claire Brown
 Jonah Donald Brzuchowski
 Jase Conner Buel
 Jack Wesley Burroughs
 Isabella Anne Burton
 Brooke Noelle Butler
 Mallory Joy Caballero
 Niklas Joakim Marcus Carlberg
 Ethan Andrew Carter
 Diego Salinas Castrejon
 Andrew Mark Catapano
 Marisol Ceballos-Delgado
 Marilyn Jade Cesaro
 Sierrah Elizabeth Chapman
 Kaylee Yi Chen
 Ellen Kathleen Chickoree
 Mehak Chopra
 David Jacob Coble

A Honor Roll

Mackenzie Ann Cochran
 Erin Taylor Collins
 Caroline Grace Conklin
 Ella Brynn Corbett
 Nancy Cuamacateco-Ildefonso
 Jonathan Xavier Cur
 Berton Emerson Davis V
 Jamie Elizabeth Dean
 Julia Rose Dellapina
 Ian Warner Demus
 Palak Nirav Desai
 Aminata Chantal Diagne
 William Benjamin DiBella
 Sophia Nanza DiBella
 Zachary Benjamin Dieffenbach
 Trevor James Dillinger
 Stephanie Grace DiMeo
 Jose Luis Dominguez
 Donovan David Dortilus
 Connor Patrick Drake
 Colby Ray Driggers
 Michael Jason Duff
 Katie Rose DuHaime
 Averie Leigh Earnheart
 Alyssa Angelica Edney
 Cayce Louis Egan
 Hayden Adams Eggleston
 Benjamin Harris Eggleston
 Emma Hayes Engel
 Peter Kenneth Engelbrecht
 Marinette Ngassa Enohmbi
 Caleb Lawrence Ernst
 Jake Anthony Fabrizio
 Riley Jo Fecker
 Jordan Isabella Felipe
 Nicholas Bolivar Figueroa
 Wilson Logan Fite
 Justin Joseph Foss
 Ethan Christian Franklin
 Reece Alexander Freeman
 Garrett Robert Fullerton
 Sarah Katherine Gamble
 John William Gerbacia Jr
 Jesse Brayden Godfrey
 Erin Elizabeth Goodman
 Marybeth Walsh Gough
 Alessandra Granda
 Emma Charis Griffin
 Elise Christine Griffin
 Kelcey Anne Griffin
 Gavin Michael Groesbeck
 Gabrielle Victoria Groves

A Honor Roll

Zachary Howell Grunow
 Daphne Jane Hamblin
 Elaine Lynn Hammond
 Leah Rae Haney
 Katherine Olivia Harman
 Tyler Charles Harrity
 Ella Kathryn Hart
 Jetta Josiah Hase
 Logan Alan Hewitt
 Nathaniel Ming-Wei Hinds
 Ryan Pritchard Hoover
 Ashley Danielle Hopper
 Caleb Patrick Huff
 Charles Andrew Huffman
 Brennan Leigh Huffman
 Jeremy Paul Hulse
 Jordan Christian Hume
 Henry Joseph Hunsaker
 Megan Ashley Israel
 Justin Jamil Jenkins
 Elie Yousif Jerjees
 Lauren Elizabeth Johnson
 Lucy Summerlin Jones
 Nathan Christopher Judy
 Lasya Priya Kandukuri
 George Demetrius Kappas
 Krista Ann Karpovich
 Charvi Gangadhar Kavadekar
 Joshua Luke Keller
 Katelyn Elizabeth Kivimaki
 Austin James Kohler
 Rachel Joy Kolubinskyj
 Lia Nithya Kondeti
 Gabriella Bellamy Laatz
 Andelyn Christine Larsen
 Emmett Cole Lashbrook
 Caroline Briana Lawler
 Hannah Grace Layton
 Apollo Leon
 Jahniah Marie Leslie
 Annie Yuanyuan Li
 Grant Wesley Lindenbergh
 Landon Kwan Yik Lwea
 Jailah Danielle Lytch
 Kyla James Macfarlane
 Kyle DaKota MacLellan
 Mikayla Jordan Magnotta
 Kavita Trishelle Hema Maharaj
 Dhwani Dharmendra Makwana
 Maia Alarcon Manaligod
 Krista Marie Mannarino
 Tarry Lee Marsh Jr

Third Six Weeks A and A/B Honor Roll Students

A Honor Roll

Samara Maria Martin
 Azaria De'Jahnee' Massey
 Joseph Patrick Masullo
 Sarah Elizabeth Maupin
 Julie Anna McConnell
 Peyton Elisabeth McDonald
 Megan Blake McGinniss
 Jana Lynn McManus
 Vanika Amit Mehta
 Nikhil Mehta
 Natalie Victoria Meuser
 Reese Malynn Milhone
 Christian Paul Milhone
 Benjamin Nathan Miller
 Marjaneh Anahita Mollaahmad
 Kyle Franklin Montaperto
 Peyton Mallory Morgan
 Megan Ashley Mossembekker
 Rylie Kathryn Nelson
 Carrington Grace Newsome
 Tara Ann Noblet
 Zachary Ryan Nunn
 Emily Kay O'Connor
 Hayden Christopher Oles
 Austyn Drew Ossmann
 Laura Jamie Overby
 Olivia Marie Overby
 Anjali Grace Pal
 Rayan Hiren Patel
 Kiley Morgan Payne
 Lacey Victoria Pepin
 Sara Peruzzi Carvalho
 Morgan Elyse Pfister
 Jacob Mariano Elenger Pierno
 Kendall Rose Pixley
 Lydia Diane Pope
 Lada Claire Popovich
 Grace Catherine Powell
 Mitchell Franklin Privette
 Anish Raja
 Nicole Lynn Ramirez
 Michelle Ramirez
 Yager Alexander Range
 Lyndsee Marie Ray
 Ryan Thomas Reavis
 Benjamin Davis Redhing
 Jadyn Lillie Redmond
 Alana Jade Richardson
 Eden Rose Ridgeway
 Ethan Martin Rink
 Nathan Alan Rink
 Winter Celeste Cinsear Rivera

A Honor Roll

Ella Nicole Robinette
 Peyton William Robinson
 Benjamin Edward Rodgers
 Daniel Jesus Rodriguez
 Kennedy Alexis Rollins
 Taylor Jonathan Root
 Hayden Elizabeth Roper
 Walker Garrett Rose
 Madeline Paige Rowland
 Alondra Rubio-Gonzalez
 Ella Christine Rushing
 Madeline McKenzie Rushing
 Katie Elizabeth Ruttenberg
 Natalie Rose Salema
 Judd Edward Santiago
 Olivia Lee Santolucito
 Erika Elaine Schwartz
 Clair Nicole Seighman
 Sawyer Jewel Sells
 Lauren Elizabeth Sharpe
 Sydney Elise Shaw
 Kayleigh Elisabeth Sherrod
 Kyle Chance Shively
 Alexa Eve Shure
 Emma Grace Simons
 Jadin Michael Singh
 Jacob Cole Sizemore
 Nyla Elizabeth Smith
 Cameron Michelle Smith
 Greyson Carter Smith
 Cora Elizabeth Sokhi
 Carson James Sproule
 Rachel Joy St Gelais
 Savannah Marie Stainback
 Reagan Quinn Stanley
 Noah Raymond Steadman
 Kendall Ann Stegall
 Elijah Joseph Stewart
 Antonia Nicole Stivaletti
 Shannon Lee Studer
 Nathaniel Richard Surles
 Olivia Morgan Swinney
 Ethan Nathaniel Talley
 Bryce Nathaniel Taylor
 Natnale Ghirmay Tewelde
 Mukta Hrishikesh Thatte
 Max Eison Thomas
 Marilyn Thomas
 Kinsey Grace Thomas
 Brandon David Tiseo
 Ethan Garret Tommasulo
 Bryan Trong Tran

A Honor Roll

Naomi Chioma Udenze
 Chloe Virginia Ulloa
 Emily Rose VanAlphen
 Jasmine Mikaela Vanblon
 Ava Sofia Vazquetelles
 Ryan Anthony Vega
 Thomas Emerson Verrill
 Olivia Marie Villanueva
 Nafin Janti Vwich
 Emily Nicole Walden
 Katelyn Marie Walker
 Courtney Regina Wallace
 Miranda Helena Warren
 Jon Hunter Watkins
 Kylee Isabella Weaver
 Andrew Tyler Webster
 Katelyn Elizabeth Whitmire
 Jordyn Marie Wiggers
 Asia Sharice Williams
 Sydney Caroline Williams
 Emanuel Wayne Williams
 Heath Odell Williams
 Kaitlyn Janell Witte
 Bayli Michelle Wolfe
 Michael David Gregory York
 Jeremy Lee Zeller
 Michelle Catherine Zenes
 Megan Alice Zenes
 Kaitlyn Adeline Zuendel
 Aaron Joseph Zummo

A/B Honor Roll

Amanda Lee Abreu
 Alan Jacob Charles Albrecht
 Talia Lachelle Alexander
 Lily Elizabeth Alterman
 Ramya Reethika Ananthraja
 Rasika Ramani Ananthraja
 Austin Leigh Anderson
 Wyatt Douglas Anderson
 Macario Cruz Apodaca
 Cole Michael Austin
 Channing Gaven Barnes
 Alexis Barragan-Salcedo
 Andrew Barrera-Arrieta
 Levi Thomas Baucom
 Mallory Rayna Berkebile
 Kaden Trey Bock
 Cade Leonard Boguslaw
 Grace Emily Bonnell
 Thomas Palmer Braswell
 Garrett Thomas Brooks

Third Six Weeks A and A/B Honor Roll Students

A/B Honor Roll

Isabella Elise Brotton
 Evan Thomas Brown
 Brady Thomas Bupp
 Sydney Elizabeth Bupp
 Joanna Slate Burns
 Andrew Carstens Butler
 Sha'Ron Jamil Byers
 Damian Robert Calvo
 Nolan Ken Carter
 Robert Alan Carter
 Adam Lucas Cassidy
 Trevor Jordan Casstevens
 Christopher Julian Castano
 Alexander Robert Chinn
 Wyatt McClelland Clark
 James Auman Cobb-Curtis
 Brett Logan Connell
 Miranda Citlali Contreras-Morales
 Hannah Grace Cook
 Madison Jean Cooke
 Anna Paige Croom
 John Patrick Cruz
 Karen Aleydis Cuizapa-Cruceno
 Aiden Michael Curry
 Jacob Andrew Curtiss
 Isabella Ann Davila
 Tatianna Yvonne Davis
 Aidan David Dence
 Carson Alexander Denny
 William Edward Dressler III
 Hunter Chance Dubar
 Tristan Cole Dudley
 Wesley Michael Duff
 Jaclyn Taylor Edwards
 Mark Warren Elam
 Kire Christian Elsasser
 Grace Maryn England
 Sean Mbi-Bessem Enohmbi
 Nathaniel David Fasolo
 Anthony Ronald Fehlman
 Joseph Robert Fisher
 Hannah Grace Forness
 Elijah Jacob Fox
 Grace Lauren Fredheim
 Zachary Meyer Gee
 Rayna Antonia Geisler
 Alberto Ginocchio
 Innese Isabel Gonzalez
 Benjamin Wade Green
 Milin Kumar Gupta

A/B Honor Roll

Emma Kathleen Gwyn
 Connor Blaze Hackler
 Robert Cooper Hamm
 Jazmin Nicole Harrington
 Star Renee' Hedrick
 Aislinn Hernandez-Fino
 Caroline Marie Herndon
 Connor Maurice Hewitt
 Kiersten Teresa Hicks
 Kennady Grace Hildreth
 Canyon Tyler Hill
 Jesse Duane Hines
 Jonathon Allen Hockenberry
 Ethan Eliot Holste
 Courtney Jianna Hulse
 Hope Mary Hulse
 Angelina Rose Humble
 Taylor Kristin Hume
 David Idefonso-Bacilio
 Judd William Isaacs
 Darbis Isae Izaguirre-Acosta
 Harshini Nagasai Janapaty
 Sophie Elizabeth Jansen
 Hayden Douglas Jones
 Jonathan Robert Kamenick
 Charvi Karaturi
 Abel William Kelly
 Jaden Elizabeth Kempf
 Jeremy John Lamb
 Grace Morgan Lane
 Selina Tsuishito Jo Lartey
 Michael Gerard Lawrence
 Benjamin Michael Laws
 Allyson Paige Lee
 Hanna Christina Lee
 Jackson Christopher Lee
 Jackson Tucker Lee
 Vincent Thomas Liantonio
 Maria Kennedy Lightfoot
 Sophia Gabrielle Linsler
 Colton Jesse Little
 Emily Katherine Little
 Kieran Jarrett Lorrar
 Nicholas Marshall Terry Luckman
 Cole Alexander Lumives
 Colin John Lutz
 Emma Love Madden
 Joshua Andrew Magnotta
 Elisabeth Marie Malanik
 Jesiah Bennett Massey

A/B Honor Roll

Isabella Renee Mays
 Tristan Alexander McAuley
 Bridget Rose McBride
 Abigail Jane McDonald
 Thomas Cole McDonald
 Maysen Amaya Melchor
 Daniel Mendoza
 Gavin Carter Miller
 Sarah Nicole Miller
 Abigail Sommer Mitchell
 Jacob Isaac Mitchell
 Aniruddah Saikrishna Mittagunta
 Alicia Giovanna Mollica
 Rion Maurice Montaperto
 Gabriella Montes
 Franceska Nayana Mabel Moore
 Griffin Baylor Moore
 Miyah Emily Morales
 Pearson Brady Morgan
 Eden Minerva Mshar
 John Gregory Mularski
 Antonio Munoz-Duran
 Alexander Lyndan Murphy
 Andrew Thien Nguyen
 Christopher Dang-Khoa Duc Nguyen
 Matthew Gregory Norton
 Alessandra Taylor O'Day
 Timothy Jai Olsen
 Ana Lucia Orozco Vasquez
 Avery Benet Pardue
 Mackenzie Sumners Parker
 Elijah Heath Parks
 Dale Michael Parlman
 Brooks Paresh Patel
 Lana McKenzie Patel
 Peyton Tara Patel
 Stephanie Mary Patterson
 Brandon Alexander Peters
 Christian Alexander Peters
 Heidi Picazo-Gonzalez
 Brigit Ann Pingel
 Nicholas Thomas Pirozzi
 Melvin Alberto Priyemskiy
 Alara Madison Pryor
 Morgan Victoria Putts
 Ethan Issac Rangolan
 Emily Jai Regalado
 Rylee Jade Reynolds
 Roman Maxmillian Rivera
 Jayden Charles Robbins

Third Six Weeks A and A/B Honor Roll Students

A/B Honor Roll

Siarra Justine Roman
Emma Kathryn Rombold
Brady Michael Ross
Hunter Alan Ross
Emma Brianne Rushing
Alexis Marie Salvador
Jordi Saucedo-Leana
Rosaura Saucedo-Leana
Liza Mae Searls
Carson Summer Sells
Zoiló Emile Sepulveda
Taylor James Shaw
Jackson Bradley Shearin
Jacob James Shearin
Emma Claire Caroline Shelton
Brian Silva-Martinez
Andrew Junhao Simon
Joseph Augustus Sitren
Reagan Nicole Sizemore
Kaia Mae Sloboda
Eliana Faith Smith
Margo Elizabeth Smith
Elyssa Grace Snively
Nicholas Colin Spector
William Christopher Speight
Jake Ethan Speiser
Aris Flor Sprouse
Ashleigh Lynn Spruiell
Tucker Allen Stainback
Berni Achu Tah
Daniel James Taldo
Jennifer Ann Taldo
Jonathan David Talley
Cason Joseph Tarsia
Jake Richard Taylor
Theresa Marie Taylor
Mannat Thind
Keyshawn Markell Tillman
Emelia Marie Tommasulo
Lillian Grace Trull
Shea Catherine Tucker
Sajani Alese Turner
Charles Cameron Vaughn
Maxwell Alden Vittorio
Phoebe Fu He Laura Waldrop
Christopher Charles Walker
Amber JaRae Wallace
Madison Elizabeth Warren
Alexa Avery Weir
Autumn Grace Weitzel

A/B Honor Roll

Samuel Jacob Weslake
Grayson Luke Williams
Riley Ann Winters
Benjamin Kenneth Wojtkowiak
Athan Gregory Wright
McKenna Elizabeth Yeager
Melanie Zapata-Zapata
Samantha Nicole Zgombic