



# Central Academy of Technology & Arts Cougar Chronicle

Volume 8

Issue 10

September 24, 2020

Link to CATA  
Social Media Sites  
Click the Crest



Instagram

Dear CATA Family,

**Invest is Excellence is in full swing!** Our families have donated over \$9110. Thank you for helping us Invest in CATA. This program raises funds to enhance our school for our students immediately this year. [Click here](#) to give or use the form is on page 4. **CATA Cougar Spirit Wear is NOW AVAILABLE for sale online: Please [click here](#) to purchase.**

- ◆ **All of our Plan B Updates are on Page 2.** We are moving to two in persons days of school for Plan B students on Tuesday, 9/29. **Monday, 9/28 is a teacher workday. There is no school.**
- ◆ **Students who earned Academic Bars and Letters from the Spring of 2020** were listed in last week's edition for students who attended Central Academy last Spring (Current 10-12 graders). Each student recognized was sent an email to their UCPS accounts, their names are posted outside of the guidance office, and they will be able to pick up their Academic Letter or Bar during lunch next week. Plan D students or their parents may drop by the front office to pick up Bars or Letters during the day.
- ◆ **Athletics** is updating our data base for all students interested in participating in athletics during the 2020-21 School Year. This information will be shared with all head coaches. fill out the CATA Athletic Interest Form by clicking [here](#).
- ◆ **Student Life Organizations and Clubs:** We are having a Student Life Organization Fair this month. All organizations meet remotely this Fall. Please [click here](#) for a list of organizations, interest forms, and meeting times. We are showcasing four organizations a day on social media and we have displays in the cafeteria.
- ◆ **Class of 2021, it is time to talk about MONEY for College!!** If you are interested in attending the **CATA Financial Aid Night** on Monday, 10/12 at 7:00 (virtually of course) please fill out the Google Form. This link will be open until 6:30 pm the night of the event. [Click here to register.](#)
- ◆ Union County Public Schools values the feedback of our students, parents and staff. In an effort to continue high quality, rigorous learning experiences and **social-emotional support** for students, the school district has partnered with **Panorama Education to administer a survey** to 3rd – 12th graders. **The survey window is Sept. 28 – Oct. 8** and will take approximately 20 minutes to complete. The link will be sent via Canvas and students will need their Student ID for access. Panorama safeguards student privacy and all responses will be kept confidential. Click [HERE](#) to review survey questions **OR for the process to opt out of the survey before 9/26.**
- ◆ **Class of 2021 Cap and Gowns:** Josten's will have a Cap and Gown and Senior Order Drive Thru on Friday, 10/9 at the front of the school. You can purchase at that time, online by [clicking here](#) or by phone, 800-582-6376. **There is information on page 12. All seniors must complete this task.**
- ◆ **Attention CATA Senior Families!** Let's celebrate our CATA Seniors tomorrow, [Friday, September 25th](#), with a social media takeover! Simply post a photo of your senior in CATA colors, their senior shirt or holding their yard sign to any of your social media outlets. Be sure to use **#catasenior2021** so we can see all the seniors in one place.
- ◆ **Site-Based Management Team Parent Representative Voting:** All Parents please [click here](#) to vote for our two site based team parent representatives. Voting will be open until 10/1. [Click here to learn about the candidates.](#)

Please take time to read over this newsletter. The Cougar Chronicle, in addition to our website, will be the main form of communication from school to home. Go Cougars! Ms. Merritt



**New Daily Schedule- Four Lunch Rotation****First Period:** 9:05 to 10:35**Second Period:** 10:40 to 12:10**Third Period:** 12:15 to 2:14**Lunch A:** 12:10 to 12:35**Lunch B:** 12:43 to 1:08**Lunch C:** 1:16 to 1:41**Lunch D:** 1:49 to 2:14**Fourth Period:** 2:19 to 3:45

- (Some students will go directly to A lunch after the second period and may drop their books off in their third-period class)
- (This was our usual lunchtime 25 min; we added time to lunches this year but will have to cut back due to adding a fourth lunch).
- (In order to not have to send students back to classrooms, we need four lunches)
- (We can revert back to 3 lunches and the original schedule depending on our numbers)

**Important Information:**

1. Students who go to school on Monday or Tuesday will now go to school on Monday AND Tuesday. **(Last names A-K)**
2. Students who go to school on Wednesday or Thursday will now go to school on Wednesday AND Thursday. **(Last names L-Z)**
3. All students will come to class virtually every day they are not scheduled to be in the school building (3 days a week).
4. Friday is still a remote learning day for ALL students.
5. **The only thing that has changed is our students are in the building for one extra day (two days a week) and they learn remotely the other three days.**
6. **Plan D students still come to class remotely all five days.**
7. We will follow all of our same protocols for masks, distancing, washing and sanitizing hands, school entry, lunch, and school dismissal.
8. We will add a fourth lunch to follow distancing guidelines. Right now we have three lunches.
9. Our classes have a cap on the number of students who can be in a particular room at one time based on the square footage. This is to maintain six feet of distance. Some periods teachers and students will be moved to a classroom space that is larger to accommodate all students in a safe manner. Those classes will be cleaned in-between uses. We are not moving many classrooms to other teacher classrooms, but we are moving a considerable amount of classes to other classroom spaces. We have six main areas for movement..
  - a. Room 401 "Fish Bowl" classroom next to the main office,
  - b. Room 507 (Regular academic classroom that was being used for storage),
  - c. Room 527 (Regular academic classroom that was being used for an academic office)
  - d. Room 812 (Specialized Academic Classroom).
  - e. Media Center (Front)
  - f. Media Center Lab (Back)
  - g. All of these spaces have the capacity to fit students six feet apart based on classroom attendance. UCPS sent us a capacity list and we have double-checked all areas for student and staff safety.
10. We have a new daily schedule. The first and Second Periods are the same. We have slight adjustments to the Third and Fourth Period to accommodate for adding a fourth lunch. Please see the schedule below.

**Friday Schedule:** Each student must check in with their teachers on Friday. The Friday schedule will look different than Monday thru Thursday. Each teacher has been asked to communicate with students the expectations for each Friday. Attendance is taken on Friday so students must complete the assigned tasks for each teacher to be counted present. This information should be posted on each teacher Canvas page.



## PTSO- The Cougar Council

Website- [CATA PTSO- The Cougar Council](http://www.cataptso.org)

Website- [CATA Performing Arts Parent Committee](http://www.cataptso.org)

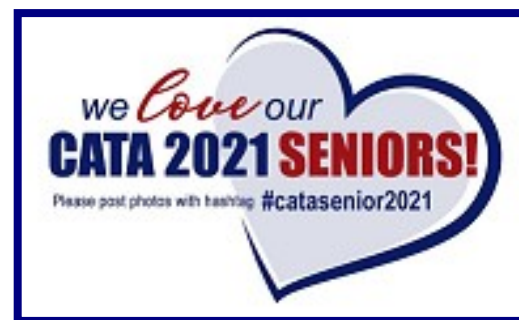
Click [HERE- PTSO APPLICATION/INVEST IN EXCELLENCE FORM](#)

Click [HERE- Online Invest in Excellence Donation Website](#)

**HELLO CATA FAMILIES!!** Please visit our CATA PTSO website [www.cataptso.org](http://www.cataptso.org) for information including Invest in Excellence, PTSO Membership and more. Feel free to reach to us at [catacougarcouncil@gmail.com](mailto:catacougarcouncil@gmail.com) with any questions, ideas or suggestions. We know this year will look very different for us all which is even more reason to get involved and stay informed. **Our General PTSO meeting will be Tuesday, September 22nd @ 6pm** and everyone is welcome. Please see the meeting details on this page.

### ATTENTION ALL SENIOR FAMILIES:

Attention CATA Senior Families! Let's celebrate our CATA Seniors tomorrow, **Friday, September 25th**, with a social media takeover! Simply post a photo of your senior in CATA colors, their senior shirt or holding their yard sign to any of your social media outlets. Be sure to use **#catasenior2021** so we can see all the seniors in one place.



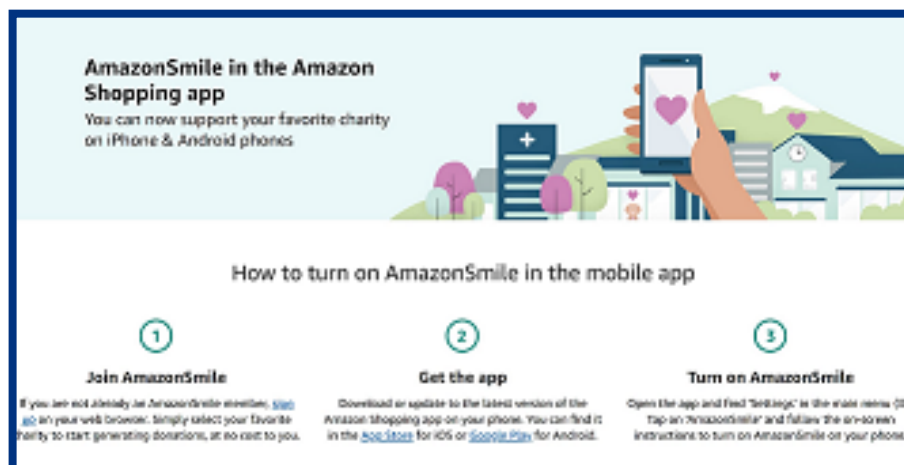
### NEW - MORE FREE MONEY FOR THE SCHOOL:

**Publix Partners** has contributed \$37.7 million to more than 4,600 schools across the Southeast and YOU can help CATA receive some of those funds. Participating is easy, simply create or sign into your **Publix account** ([www.publix.com/myaccount/register](http://www.publix.com/myaccount/register)), click My Publix Partners at the top, and Central Academy of Technology & Arts as your school. That's IT! Then enter your phone number or use pay with the Publix app every time you check out. They'll give back to CATA just for shopping at Publix (it does not cost you any more to support CATA). **This is NEW so if you shop at Publix, please take a few minutes to sign up - thank you so much!**

Please consider supporting CATA by linking to these companies when you are shopping next time!

**Harris Teeter Together in Education**  
(link to CATA using code 3612)

**Amazon Smile**  
(<https://smile.amazon.com/ch/26-1542614>)





## PTSO Invest In Excellence



### CATA Invest in Excellence & Parent Teacher Student Organization (PTSO) Membership



Dear Parents and Students - We welcome you to Central Academy of Technology & Arts! Although students come from every corner of the county, we work hard to create a family atmosphere at CATA and we need your help. Please join the PTSO, consider donating to our Invest in Excellence campaign and look to volunteer with one of our committees.

1. The Cougar Council, PTSO is responsible for many activities at CATA. In past years we have sponsored events which support all members of our CATA family. We look forward to your membership and support.
  - Recognizing academic achievement through the Student Academic Recognition Program (STAR)
  - Showing Teacher and Staff Appreciation through events & luncheons
2. Invest in Excellence at CATA campaign is a simple, one-time straightforward way for individuals and businesses to invest in the excellence of CATA. 100% of the money donated is invested in CATA. You are making an investment in your child's future. The campaign runs year-round. Invest in Excellence donation includes PTSO Membership.
  - Improved Signage to recognize Central Academy of Technology and Arts on campus and off
  - Individual Academy Funds to specific needs for students, teachers and classrooms
  - Past funds have included: Broadcasting Room Equipment, Science Lab Materials, Handheld Teaching Tools
  - One-time 100% donation with all funds going directly back to the school.

PLEASE FILL OUT THE INFORMATION BELOW AND RETURN TO THE FRONT OFFICE OR THE DEN/MEDIA CENTER

Parent or Guardian Name: \_\_\_\_\_

Student Name (s): \_\_\_\_\_

Grade Level (s): \_\_\_\_\_ Academy: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

☐ Check here to be automatically linked to Harris Teeter VIC card Together In Education program

Please check the committee or activity in which you are interested in helping:

\_\_\_\_ Hospitality    \_\_\_\_ Performing Arts    \_\_\_\_ Membership    \_\_\_\_ Fundraising    \_\_\_\_ Communication

Yes, I want to Invest in Excellence at CATA (includes PTSO Membership)

☐ \$25                      ☐ \$75                      ☐ Other \_\_\_\_\_

☐ \$50                      ☐ \$100                      ☐ Corporate Matching Available

Yes, I want to join CATA Cougar Council PTSO (membership only - no Invest in Excellence donation)

☐ \$10

TOTAL Payment: \$ \_\_\_\_\_

☐ Check # \_\_\_\_\_

☐ Pay Online

PAYMENTS online at [www.cataptso.org](http://www.cataptso.org) (3% convenience fee will be applied) OR Make Checks Payable to CATA PTSO





## College and Career Corner

### Class Information from the Guidance Counselors

[Counseling Twitter @CATA\\_Counseling](#)  
[Counseling Instagram @CATA.counseling](#)

**Scholarship Spotlight– Click [HERE](#) SCHOLARSHIP PAGE**

**[Please click here for all information from our Counseling Department](#)**  
**[CATA Counseling Canvas Page– Click HERE](#)**

#### **CATA Tutoring Times - Fall 2020**

CATA will be offering tutoring times each day of the week based on subject. Approved CATA students will be providing the tutoring. If tutoring is needed, then please click the Teams link to join during the assigned times. Tutoring will begin the week of 9/14. Please reach out to your assigned counselor with questions.

- ◆ **Monday** - 3:45 to 4:45 for Social Studies, click here to join [Social Studies](#).
- ◆ **Tuesday** - 3:45 to 4:45 for Science, click here to join [Science](#).
- ◆ **Wednesday** - 3:45 to 4:45 Math 1 & 2, click here to join [Math 1 & 2](#).
- ◆ **Wednesday** - 3:45 to 4:45 Math 3, Pre-Calculus, & Math 4, click here to join [Math 3, 4, & Pre-Calculus](#).
- ◆ **Thursday** - 3:45 to 4:45 English, click here to join [English](#)
- ◆ **Friday** - All 5 subjects will be offered from 1:30 - 3:30 in 2 shifts (1:30 to 2:30, 2:30 to 3:30)

**Change Canvas Display for Students:** Many students are in "List View," which only shows classes that have a due date on assignments for the day, therefore, students think there is nothing to do in some classes and are not getting credit for assignments. All students are asked to change this setting to "Card View" so they will see all four classes daily and are forced to go into each class for daily work. [Click here](#) for directions on how to make the change.

**Spring 2020 COVID (Numerical Grade/PC19) Grade Correction Form**: All grades for the 19-20 school are stored in PowerSchool. **STUDENTS**, please login into Power School and review your final grades from Spring 2020. To do this click Grade History - click 19.20 school year - then review your A2 final grades. By default, the grade choice impacting GPA in a positive manner was entered. Students, if a grade different than the one finalized in Power School is preferred, [click here to request a change](#). You only need to fill out this form if you prefer a different grade option than what is showing. If you choose numeric average, you are choosing the higher of T4 or T4/T5 average as your final grade. The final day to process this request is Weds., **9/30 at 5:00 pm**. Please let your assigned School Counselor know if you have any questions.

**11th graders that are eligible for the PSAT** this year received an email directly from Ms. Lawson on Tuesday, August 25th. The PSAT will be given to the selected 11th grade students on **Wednesday, 10/14** beginning at 9:00 am. To be eligible to take the PSAT this year you must have earned within the 90th percentile on the PSAT your 10th grade year (score of 1170). **No 10th graders will be taking the PSAT this school year**. If you have any questions or concerns please reach out to Ms. Lawson.

**PSAT/NMSQT®**

 /  NATIONAL MERIT SCHOLARSHIP CORPORATION

#### **CATA Guidance Department**

A high school guidance department can help your student with a LOT during high school—counseling during a problem/or stress, college planning, career/college questions, interview skills, problem solving with classes/teachers, friendship/social issues. Counselors also help with scheduling and what courses to take. Counselors are available to answer parent questions as well.

Please see the list of counselors by academy:

**Ashley Lawson**: Medical Science, Transportation & Guidance Department Chairperson

**Ashley Cole** : Pre-Engineering and Performing Arts (theatre & dance)

**Sarah Goodwin**: Information Systems (Cybersecurity, Computer Engineering, Software & Game Design) and Music Production & Recording Arts



## College and Career Corner

### Class Information from the Guidance Counselors

Counseling Twitter @CATA\_Counseling  
Counseling Instagram @CATA.counseling



### COUNSELING DEPARTMENT PROCEDURES

To ensure the safety of students and staff we are implementing the following procedures for the 2020-2021 school year.



#### MEETING BY APPOINTMENT ONLY

Email your counselor to schedule an in-person or virtual appointment. If a student is in crisis they will need permission from their teacher to visit a counselor.



#### SAFETY MEASURES

One student in a counselor's office at a time  
 Masks are required  
 Remain 6ft apart  
 Entrance doors will remain shut

### REASONS TO CONTACT US

**COUNSELORS**  
 Ms. Lawson, Ms. Cole, Ms. Goodwin

To discuss academic, social/emotional, and career questions. This includes, but is not limited to: Class selection, college/career choices, scholarships, and friendship/relationship/family issues.

**CAREER DEVELOPMENT COORDINATOR**  
 Mrs. Corbett

To discuss career fields and job qualifications. To discuss internship options within the county. Students enrolled at SPCC can discuss class options. Students interested in SPCC can discuss how to get enrolled.

**COUNSELING SECRETARY**  
 Mrs. Tweed

The first person you see when entering our office. Mrs. Tweed can provide transcripts and bus passes. She can help with most school-related questions and can help students determine if they should meet with a counselor.

#### College Visits

We'll be holding college visits virtually this year. To sign up and see an updated list of colleges please see the link on the College Information/Events page. Here are the schools we have coming up:

UNC Pembroke - 9/11 @ 2pm

UNC Asheville - 9/25 @ 2pm

Meredith College - 10/2 @ 1pm

USC Lancaster - 10/23 @ 1pm

Are you interested in learning more about HBCU's (Historically Black Colleges and Universities) Please check the CATA Counseling Canvas Page for the link to sign up for a Virtual Tour and Summit series!!

#### Scholarship Information

Representatives from some of the biggest scholarships in NC will be holding Zoom information sessions. There will be four sessions where reps will review the scholarships and answer questions. The following scholarships will be represented:

**EC Scholars at ECU; Levine Scholars at UNCC; Park Scholarship at NC State; Cheatham-White Scholarship at NC Central; Morehead-Cain at UNC**

The link to sign up is on our scholarship page.

#### SCHOLARSHIPS

The following scholarships have been posted to our website:

**Morehead-Cain (UNC)**

**Park (NC State)**

**Robertson (UNC and Duke)**

Check in to our scholarship page weekly to stay updated on available scholarships



### Parents can now access Scoir!

#### What can you do with a Scoir account?

1. See which colleges your child is following.
2. Suggest colleges for your child to follow.
3. Complete a personalized financial aid calculator to receive a custom price estimate.

#### How do you get a Scoir account?

Your child must invite you!

Students should:

- Log in
- Visit "My Profile"
- Click on "Invite a parent"

Students will need their parent's email address.

**Parents**  
 + Invite a Parent

For more info, visit <https://bit.ly/onlinecollegeprep>.

@UCPSCollegePrep



Click on the Ad to register

### 2020-2021 UCPS Parent College Readiness Webinars

For more info and to register visit  
<https://bit.ly/collegereadinesswebinars>

Paying for College.....	September 21, 2020
Getting Ready for College.....	October 19, 2020
College Entrance Exams 101.....	November 16, 2020
College Recruiting for Athletes.....	December 8, 2020
Scoir for Underclassmen Parents.....	January 11, 2021
Paying for College.....	February 8, 2021
College Entrance Exams 101.....	March 8, 2021
College Recruiting for Athletes.....	April 19, 2021

All webinars will be held at 6:00 pm.  
 Dates are subject to change.

@UCPSCollegePrep



## Family Contact, Attendance and Notes, Parking Passes, Bus Information

### Family Contact Information

All parents should complete the CATA Contact Form with contact info. This is required.



[Click here](#)

**Attendance** will be taken for student participation on their assigned day at school and virtually each day in Power School.

School is in session and students are expected to be in class or logged into a class session at the appropriate time each day unless otherwise stated.

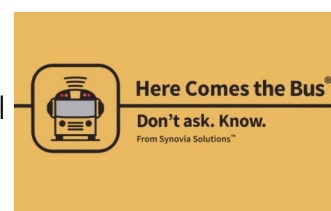


**Parking Passes** One cannot drive and park at the school if they have not purchased a parking pass. Parking in any lot other than the student parking lot is not permitted. The process for purchasing parking pass is on FamilyID this year, an account will need to be created if you do not already have one. [Click here for FamilyID](#). Parking passes MAY NOT be purchased by any student who has outstanding fees. After completion of the application, CATA will review your submission. The student will then receive a link to pay for the pass once the application has been approved via student UCPS email. Parking passes are \$45. If you have any questions, please email Mrs. [Andrea Nahum](#).



**Bus Info:** Parents should email [Ms. Tweed](#) if they need bus transportation. Bus riders

and parents should sign up for the **Here Comes the Bus App**. This app allows you to view the real-time location of your child's school bus on your smartphone, tablet or computer. Be sure that your child is at their bus stop at least **20 minutes** before the scheduled arrival time. [Bus App Letter English](#) [Bus](#)



### **Attendance and Absence Notes:**

Absence notes must be **emailed** and/or scanned to [Mr. William Smith](#) our data manager upon the student's return to school in order for the absence to be considered excused. Absences will be coded unexcused in PowerSchool until an email excuse is received. Please allow 24 hours for excusal notes to be coded in PowerSchool. Students may fail if they have 8 or more unexcused absences per class. Attendance is taken each class period. Students will have a chance to recover some unexcused absences.







## Yearbooks, Senior Tributes, Meal Options, Friday Expectations, Technology Assistance,

**Yearbooks** are on sale for \$75.00. Reserve your copy today! Order online at <https://yearbookforever.com/>. Search for CATA.

**Class of 2021 Senior Tributes** [CLICK HERE](#): If you would like to purchase a senior tribute for the yearbook, then click the link for pricing and to learn about the process!

**Class of 2021 Information about your senior portraits**: Click on the link for a video from Cady Studios. Watch the entire video and fill out the contact form, so you will receive information on how to schedule your senior portraits [cady.com/2021](http://cady.com/2021). You must fill this out to schedule your senior portraits. You must complete this task to get your picture in the yearbook.

**Remote Classes on Fridays**: This is a reminder that attendance is taken on Fridays. All teachers will communicate with their students what the expectations are for each Friday. Students should check in with their teachers and complete school work every Friday.

**Yearbooks on sale >>>**  
Remember the year forever, buy the yearbook or ad today!

*buy a yearbook*

**Yearbooks are on sale now for \$75.00**  
**Senior tributes are also on sale!**

**Free breakfast and lunch now available for all UCPS students until Dec. 31, 2020**

Student ID numbers are required for in-school meals.

A la carte items are also available for purchase at regular prices.

**New Meal Option for 2020-2021**

**Monday – Friday**  
**11 a.m. – 1 p.m.**

**Curbside Pickup Locations**

- Cuthbertson High
- Forest Hills High
- Health Sciences Academy at Monroe Middle
- Parkwood Middle
- Porter Ridge Elementary
- Rock Rest Elementary
- Rocky River Elementary
- Searis Elementary
- Shiloh Valley Primary

Meal sites are open to serve students who are learning virtually and/or on remote learning days.

Open to any person 18 years and under. Student ID numbers are not required.

### Technology Help Desk– Mr. Eddins

[Click Here for Assistance Form](#)

[Email James.eddins@ucps.k12.nc.us](mailto:James.eddins@ucps.k12.nc.us)

**Help Desk for Students:**  
Monday 8:30AM – 10:AM  
Tuesday 12PM – 1:30PM  
Wednesday 8:30AM – 10AM  
Thursday 12PM – 1:30PM



### Links

[UCPS Technology Help Desk](#)  
[UCPS Technology Chromebook Start Up Link](#)





## The Den Digest (Media Center) & The Career Development Corner

### The Den Digest

The CATA Media Center website has been transformed into a Virtual Learning Commons. Check out the website and see what is offered. Find links to databases, research help, reading lists, how to evaluate news sources and more.

<https://sites.google.com/a/ucps.k12.nc.us/cata-media-center/>

Want to check out a book? Login to Destiny and put one on hold. We will deliver it to you! Need a calculator? Fill out this form and have your parent/guardian sign. We will give the calculator to your math or science teacher. You can still get a calculator if you are in the virtual academy.

<https://forms.gle/UopHczyHpjzf6QBb8>

Remember that you can still access e-books and other resources through our online catalog <https://search.follettsoftware.com/metasearch/ui/105625>

CDC Information About the Coronavirus—<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

### Career Development Corner

**All Students:** Students, visit the Career Development [Canvas page](#) on Clever for help with Career Exploration & Resources! Check out the Career Exploration flyer below regarding a virtual opportunity for students interested in health careers!

**Sophomores, Juniors & Seniors:** If you are interested in the SPCC Career & College Promise Program and would like to obtain additional information about the program, see the attached flyer regarding weekly virtual information sessions offered by South Piedmont Community College (SPCC). If you are a current SPCC student, spring registration will begin in November. More information will be given closer to the registration date.

**Juniors: Medical Academy Juniors,** if you are interested in becoming a certified nursing assistant (CNA) and would like to learn more about the CNA program offered through SPCC, please contact Mrs. Corbett for important course information needed to register.

#### Opportunity for high schoolers to learn about healthcare

Novant Health is proud to offer a virtual monthly series that will take you into our medical facilities where you will have an opportunity to meet our healthcare team and discover what it takes to provide safe and remarkable care to our community. Participants will learn more about careers as well as engage with professionals who work in the field. Virtual meetings are held the third Thursday of the month from 5:30 to 7 p.m. **The series begins Oct. 15 and runs for eight months.**

#### Registration is required

There is a \$25 registration fee that will be donated to local charitable organizations.

Novant Health Matthews Medical Center  
Questions? Contact Karla Aldridge, RN, MSN, at [ksennis@NovantHealth.org](mailto:ksennis@NovantHealth.org).

Go here to register: [NovantHealth.org/home/patient-visitors/classes-events-tours/online-calendar/eventid/565/e/novant-health-discovery-career-series-charlotte-area-15-](https://www.novanthealth.org/home/patient-visitors/classes-events-tours/online-calendar/eventid/565/e/novant-health-discovery-career-series-charlotte-area-15-)

#### SPCC Career and College Promise Information Session

Join us for an information session that will cover all things you need to know about the Career and College Promise (CCP) program here at SPCC.

#### When and Where?

- Every other Tuesday during the fall semester via a Microsoft Teams Virtual Meeting
- Dates:
  - 9/22 @ 6pm
  - 10/6 @ 6pm
  - 10/20 @ 6pm
  - 11/3 @ 6pm
  - 11/17 @ 6pm
  - 12/1 @ 6pm

#### Topics covered:

- Pathways
- Eligibility
- Steps to Enrollment
- Career Coach vs. High School Counselor
- SPCC Technology
- Course Load
- Course Instructional Formats
- Accommodations
- Benefits of CCP
- More!

#### How?

Simply click the link below to join:

[Join Microsoft Teams Meeting](#)  
[Learn more about Teams | Meeting options](#)

For any questions please contact High School Programs at:

[highschoolprograms@spcc.edu](mailto:highschoolprograms@spcc.edu)

704.290.5090

**Seniors:** Student internships are available to current seniors for 2nd semester! Contact Mrs. Corbett in the counseling office or at [adrienne.corbett@ucps.k12.nc.us](mailto:adrienne.corbett@ucps.k12.nc.us) for internship details/application. Applications for the spring semester are due no later than 10/15/20.

—Reach out to Mrs. Corbett in the counseling office regarding any additional, SPCC, Career or Internship questions @ [adrienne.corbett@ucps.k12.nc.us](mailto:adrienne.corbett@ucps.k12.nc.us) or (704)296-3088.



# COUGAR ATHLETICS

If you have questions about athletics or want to volunteer to help with athletics, please send an email to Athletic Director, [Coach Jay Niessner](mailto:Coach Jay Niessner). Make sure to follow all of CATA's athletic teams on Twitter: [@CATA\\_Athletics](https://twitter.com/CATA_Athletics)

**The NCHSAA has created a schedule for all Fall, Winter, and Spring Sports. Athletics will not begin until November. [Click here](#) for the calendar. UCPS and CATA will give updates about voluntary workouts in the coming weeks. Please contact our athletic director [Jay Niessner](#) if you have questions.**

## Fall Sports Coaches Contact Information:

**Cheerleading** - Ashley Lawson - [Ashley.lawson@ucps.k12.nc.us](mailto:Ashley.lawson@ucps.k12.nc.us)

**Cross Country** - Kim Inuwa - [kimberly.inuwa@ucps.k12.nc.us](mailto:kimberly.inuwa@ucps.k12.nc.us)

**Football** - Shane Griffin - [shane.griffin@ucps.k12.nc.us](mailto:shane.griffin@ucps.k12.nc.us)

**Men's Soccer** - Jay Niessner - [jay.niessner@ucps.k12.nc.us](mailto:jay.niessner@ucps.k12.nc.us)

**Volleyball** - Stephanie Peacock - [Stephanie.peacock@ucps.k12.nc.us](mailto:Stephanie.peacock@ucps.k12.nc.us)

**Women's Golf** - Nelson Rowell - [nelson.rowell@ucps.k12.nc.us](mailto:nelson.rowell@ucps.k12.nc.us)

**Women's Tennis** - Terry Lewis - [soldbyterrylewis@gmail.com](mailto:soldbyterrylewis@gmail.com)

## Winter Sports Coaches Contact Information:

**Cheerleading** - Ashley Lawson - [Ashley.lawson@ucps.k12.nc.us](mailto:Ashley.lawson@ucps.k12.nc.us)

**Indoor Track & Field** - Kim Inuwa - [kimberly.inuwa@ucps.k12.nc.us](mailto:kimberly.inuwa@ucps.k12.nc.us)

**Women's Basketball** - Kevin Allran - [kevin.allran@ucps.k12.nc.us](mailto:kevin.allran@ucps.k12.nc.us)

**Men's Basketball** - Sam Smithson - [Samuel.smithson@ucps.k12.nc.us](mailto:Samuel.smithson@ucps.k12.nc.us)

**Swimming** - Sally Goodwin - [sarah.goodwin@ucps.k12.nc.us](mailto:sarah.goodwin@ucps.k12.nc.us)

**Wrestling** - Mike Jacobus - [mike.jacobus@ucps.k12.nc.us](mailto:mike.jacobus@ucps.k12.nc.us)

## Spring Sports Contact Information:

**Baseball** - Matt Garcia - [matthew.garcia@ucps.k12.nc.us](mailto:matthew.garcia@ucps.k12.nc.us)

**Men's Golf** - Mike Jacobus - [mike.jacobus@ucps.k12.nc.us](mailto:mike.jacobus@ucps.k12.nc.us)

**Men's Tennis** - Terry Lewis - [soldbyterrylewis@gmail.com](mailto:soldbyterrylewis@gmail.com)

**Softball** - Aaron Hammers - [aaron.hammers@ucps.k12.nc.us](mailto:aaron.hammers@ucps.k12.nc.us)

**Track & Field** - Kim Inuwa - [kimberly.inuwa@ucps.k12.nc.us](mailto:kimberly.inuwa@ucps.k12.nc.us)

**Women's Soccer** - Jay Niessner - [jay.niessner@ucps.k12.nc.us](mailto:jay.niessner@ucps.k12.nc.us)

**CATA COUGAR  
SPIRIT WEAR**

**[CLICK HERE FOR  
2020-21 SPIRIT WEAR](#)**





## School Protocols Safety

Click [here](#) for state Guidelines

Each teacher will answer health screening questions and have their temperature taken each day.

Each student must answer a series of health questions and have their temperature taken each day.

If your child is sick or exhibiting the following symptoms then please do not send them to school.

1. Fever of 100.4 or above
2. New cough
3. New trouble breathing, shortness of breath or severe wheezing
4. New Chills
5. New Muscle Aches
6. Sore Throat
7. Diarrhea
8. New loss of smell, taste, or change in taste
9. Have been within 6 feet of a person with a lab confirmed case of the current novel virus for at least fifteen minutes, or had direct contact with their mucus or saliva, in the past 14 days
10. These protocols may also call for additional measures to be put in place based on future guidelines.

Please do not come to school if you are awaiting a test result for the current novel virus or are living with someone who has the virus even if you have tested negative. Learn remotely until your family member is cleared.

We will have a separate nurses station for students who exhibit symptoms at school.

Everyone at school must wear a mask and keep physical distance of six feet apart or more. Students will be provided washable masks they must keep clean and can wear their own masks.

Our hallways will have a marked one way walking pattern

Student desks will be sanitized and students will rotate the desks and work stations used.

UCPS will provide masks that are washable

Students are encouraged to bring their own personal hand sanitizer

**Students may not enter the building until 8:35 AM**

**All students will go directly to their first period classes**

A student may eat breakfast but will be distanced in line and in the dining area.

We will have distancing measures for the line and eating at lunch.

We will dismiss by car rider, bus rider, and student driver and students must exit the building.

All students should follow the directions of coaches if they are an athlete.

All Student Life Organizations will meet remotely (Clubs)

Morning Protocols

**Bus Lot:** Students must stay on the bus and be dismissed one at a time and then stand on the marked areas outside of the school for health questions and temperature checks.

**Student Parking Lot:** Students must stay in their cars when prompted and stand wait for a school official to ask questions and take their temperature. When students pass the health check and temperature test then they will go directly to first period or breakfast.

**Car Riders: Students must stay in their cars** when prompted and wait for a school official to ask questions and take their temperature. When students pass the health check and temperature test then they will go directly to first period or breakfast.

All IEP and 504 meetings will be held virtually

**We are following the protocols set forth by the [NCDHHS](#).**





## Class of '21 Cap & Gown and Senior Orders



**Important Notice**

## Central Academy High Class of 2021 Cap & Gown **ORDERS!**

This packet includes ALL of the information that you will need to order your Cap & Gown, Graduation Announcements, Senior Clothing, & 2021 Keepsakes

It is important that **Seniors and Parents** review this packet together.

You may place your order online at [www.jostens.com](http://www.jostens.com) or in person.

### Central Academy Order Day!



Date: **Friday, October 9<sup>th</sup>**  
 Time: 11:00 am - 1:00 pm  
 Place: Drive Thru at School  
 Ordering is also available online @ [Jostens.com](http://Jostens.com)

**Minimum \$60<sup>00</sup> Deposit**  
 (Cash, Check, ALL major Credit Cards accepted.)

### Graduation Ordering Process – It's easy to order!

#### GRAD ANNOUNCEMENTS & SENIOR CLOTHING ORDER FORM

**IMPORTANT:** If you plan on sending out the TRADITIONAL School Graduation Announcements to family and friends, you **MUST** pre-order them **NOW!**  
 (These are specifically designed by your school.)

- Complete the top of the form with your personal information. Please print clearly!
- Decide which Announcement Package best suits your needs.
- **REMEMBER:** If you are not ordering a package, you can order items individually. Graduation Announcements DO NOT include the Name Cards. (Name Cards must be ordered separately.)

**CAP/GOWN ORDER \$33.<sup>95</sup>** plus s/h & tax (includes cap/gown/tassel):

- Be sure to include your height/weight. No measuring necessary.

**BRING YOUR ORDER FORMS AND YOUR DEPOSIT ON THE DATES LISTED ABOVE.**

- **Deposit of \$60.00 is required.** Credit card, cash, money order or personal checks are accepted. (Orders less than \$60 must be paid in full.)

#### Easy Payments

Invoices will be mailed within 3-4 weeks from order date.

Payments are interest free and you decide how much you want to pay monthly.

**Final Balances due in full by Feb. 1, 2021.**



## SENIOR PRIDE

*Jostens®*

**Russell Honrine**

910.895.8471

[honrineoffice@jostens.com](mailto:honrineoffice@jostens.com)